

Spring Fling Activities for Wednesday

On the Move

Nature Smash

Smash away to create beautiful spring art!

Materials:

- Plants
- Construction paper
- Safe outdoor space

Instructions:

1. Start outside with your child.
2. Encourage your child to pick flowers, grass, and other safe plants.
Optional: You can use plants found during On the Move's Nature Walk.
3. Place the plants on top of construction paper.
4. Encourage your child to use their body to stomp or smash the plants onto the paper.
5. Encourage your child to look at and discuss what colors and textures the plants create on the paper.

Adventures Online

The Very Hungry Caterpillar's First Spring

What animals will the very hungry caterpillar see in the spring?

<https://www.youtube.com/watch?v=ndxuqICSPtc>

Sensory Time

Peach Smoothie

Peaches make a refreshing and tasty snack.

Ingredients:

- 5oz of vanilla yogurt
- 1 ½ cup of fresh or frozen peaches
- ½ cup of crushed ice
- ¾ cup of coconut milk (may substitute with milk of your choice.)
- ¼ tsp of ground cinnamon
- ½ tsp of sugar (may substitute type of sugar and amount)

Directions:

1. Combine all ingredients in a blender until smooth.
2. Enjoy!

Story Time

Suggested Book Title: 'Look! Flowers!' by Stephanie Calmenson & Puy Pinillos

A beautiful book with all kinds of flowers, from every day to exotic.

Activity: Color Hunt

Materials:

- Safe space to explore

Instructions:

1. Find a space where you can safely send your child on a hunt for colors.
2. Pick a color together and find as many things as you can that are that color.
3. Have conversations about the items that your child finds. Use a lot of descriptive language. Your child will learn more language when they hear it used in conversation.
4. Continue for as long as your little one shows interest.

Alternative Book Title: 'The Tiny Seed' by Eric Carle

Arts and Creativity

Spring Collage

Find all things spring!

Materials:

- Newspapers
- Magazines
- Print materials
- Construction paper
- Markers
- Crayons
- Tape
- Glue
- Scissors

Instructions:

1. Talk with your toddler about things that they can see, hear, and feel during the spring season.
2. Look through different print materials to find the different items that you discussed.
3. Tear or cut out the items that you found.
4. Collect as many items as you would like.
5. Allow your toddler to take each item found and paste them onto construction paper in any way that they would like.