

	Monday Activity link	Tuesday Activity link	Wednesday Activity link	Thursday Activity link	Friday Activity link
On the Move	<u>Nutrition Hop</u> Learn about healthy eating habits by hopping on your favorite foods.	<u>Floss with Me</u> Learn about healthy dental habits by practicing your flossing skills.	<u>Handwashing Station</u> Learn about healthy habits by practicing proper handwashing.	<u>Germ Toss</u> Learn about healthy habits by shooting the germs away.	<u>Emotions Hokey Pokey</u> Learn about healthy emotional habits by labeling your emotions.
Adventures Online	<u>Healthy</u> Elmo talks about different ways you can stay healthy.	<u>Good Foods</u> Find out about good foods and ways they help make us healthy with Jack Hartman.	<u>Good Manners</u> What are good manners?	<u>Why Do People Wear Masks?</u> Masks help keep us healthy during the pandemic.	<u>Lunch-O-Matic</u> Help Allen make a healthy lunch in this interactive game.
Sensory Time	<u>Healthy Foods</u> Who's hungry?	<u>Dancing with Ribbons</u> Get your body in motion while dancing with ribbons.	<u>Smile</u> An apple a day brings a smile to your face!	<u>Throw It Away</u> Cleaning up trash keeps our environment healthy.	<u>Washing Babies</u> Time to get the babies healthy and clean.

<p>Story Time</p>	<p><u>Bathtime</u> <u>Mathtime</u> <u>Shapes</u></p> <p>Bath time routine turns into a nightly ritual you can count on!</p>	<p><u>How Do</u> <u>Dinosaurs</u> <u>Clean Their</u> <u>Room?</u></p> <p>Come along for some big fun as you learn to pick up and put away your toys.</p>	<p><u>Wash, Wash,</u> <u>Wash</u></p> <p>It's never too early to start healthy habits. This rhyme will inspire little ones to wash their hands.</p>	<p><u>Hoot and</u> <u>Peep</u></p> <p>Hoot is excited that his sister can join him on the rooftop and learn from him.</p>	<p><u>How Do</u> <u>Dinosaurs Show</u> <u>Good Manners?</u></p> <p>How do you show gratitude?</p>
<p>Arts and Creativity</p>	<p><u>Apples &</u> <u>Bananas</u></p> <p>Encourage healthy eating habits with this fun song.</p>	<p><u>What's on</u> <u>Your Plate</u></p> <p>What did you have for lunch?</p>	<p><u>Simon Says</u></p> <p>Follow the rules that Simon says.</p>	<p><u>Stopping</u> <u>Germs</u></p> <p>Remember this fun slogan whenever you cough or sneeze at school.</p>	<p><u>Draw & Tell</u></p> <p>Tell me how you stay healthy at school.</p>