

	Monday Activity link	Tuesday Activity link	Wednesday Activity link	Thursday Activity link	Friday Activity link
On the Move	<u>"Because I'm Happy" Parade</u> Celebrate feelings with this fun parade.	<u>Self-Care Mats</u> These play mats will assist your child with important self-care routines.	<u>Affirmation Toss</u> Teach your child the power of positive self-talk.	<u>Feelings Scoop</u> Scoop, sort, and identify feelings!	<u>Mommy & Me Dance Party</u> Celebrate Mother's Day a little early with your leading lady.
Adventures Online	<u>Mindfulness</u> Mindfulness from a child's perspective.	<u>My Feelings</u> Sing along to this groovy song about feelings.	<u>Guess the Feeling!</u> Learn to recognize and name feelings with Daniel and Friends.	<u>Empathy</u> Learn about Empathy with Mark and Murray.	<u>Mother's Day Song</u> Get ready for Mother's Day with this fun and catchy song.
Sensory Time	<u>Musical Emotions</u> What kind of music describes how you are feeling today?	<u>Fluffy Foam</u> Foam is fun to make and share with a friend.	<u>Super Strong Bubbles</u> So many bubbles. Try to pop them all!	<u>Open, Shut Them</u> Doing things for yourself is very rewarding.	<u>Happy Mother's Day!</u> Prepare and share a Mother's Day treat.

<p>Story Time</p>	<p><u>Thanks</u></p> <p>Celebrate all that you are thankful for with The Very Hungry Caterpillar.</p>	<p><u>The Way I Feel</u></p> <p>Learn to label feelings during this interactive read aloud.</p>	<p><u>Llama Llama Time to Share</u></p> <p>Discover ways to share with Llama Llama and Friends.</p>	<p><u>The Feelings Book</u></p> <p>Learn about different emotional moods with this vibrant book.</p>	<p><u>I Love Mom</u></p> <p>Celebrate your Mom and all the important women in your life with Eric Carle.</p>
<p>Arts and Creativity</p>	<p><u>Show Me How You Feel</u></p> <p>Your toddler is sure to have some fun with this masterpiece.</p>	<p><u>If You're Happy & You Know It!</u></p> <p>Enjoy singing this famous song and make sure to use all your different feelings.</p>	<p><u>Self-Care Day</u></p> <p>Take care of yourself with some relaxing activities.</p>	<p><u>I'm Glad to Be Me</u></p> <p>Enjoy this fun fingerplay all about you!</p>	<p><u>Mommy & Me Self Portrait</u></p> <p>Create a Mother's Day portrait for your marvelous mom.</p>