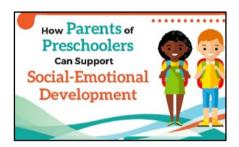
## **Strategies for Positive Parenting**



Reframing your thoughts and rethinking the words you use can go a long way in supporting your child through challenging times. This resource will help you focus on your child's strengths and change the labels that are commonly used.

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Changing the Labels



Interested in supporting your child's social emotional development? Families play an important role in learning social and emotional skills from an early age. Click below to learn more. #GaSEEDSforSUCCESS

<u>How Parents of Preschoolers Can Support Social-</u> <u>Emotional Development</u>



It is important to offer positive support for children's growth by being loving, supportive, consistent, and involved. Take a look at these positive parenting tips to guide you as you support your child.
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<u>Positive Parenting and the Seven Essential Life Skills for Children</u>



Are you looking for a way to give your child a break during the day? Breaks can help improve focus, reduce stress, and foster social skills. Learn about the 3 B's of a calm body below.

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Breathe, Balance, and Bend: The 3 B's of Calm Bodies