

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|--|--|--|---|--|
| Literacy | <p><u>The Good Egg</u> After listening to the story, have your child draw what happened at the beginning, middle, and end of the story.</p> | <p><u>The Great Eggscape</u> After listening, dye eggs with your child or encourage him to draw some eggs and color them.</p> | <p><u>A Rainbow of My Own</u> After listening to the story, have your child draw a picture of what she would do with a rainbow of her own.</p> | <p><u>Egg Drop</u> Challenge your child to use materials from around the house to protect an egg. Drop it from a tall place and see if the egg was protected or if it cracked.</p> | <p><u>The Cow That Laid an Egg</u> Together, generate a list of all the animals you can think of that come from an egg, and then watch <u>What Comes From an Egg</u></p> |
| Phonological Awareness | <p>Fill plastic eggs with various objects that make sounds (i.e., bells, buttons, rocks, rice or beans). Have your child shake each container and identify the contents using her listening skills.</p> | <p><u>Humpty Dumpty Sat on a Wall</u> See if your child can identify the rhyming words (wall, fall, all) in Humpty Dumpty. Ask if he can think of other words that rhyme with all. Act out the nursery rhyme and repeat it throughout the day.</p> | <p><u>Beginning Sound I Spy</u> Take a walk around your home. Say, "I spy with my eyes something that starts with the /s/ sound". Repeat this game with different beginning sounds!</p> | <p>Help your child count the syllables in these spring words. Clap, stomp, or jump as you say each syllable. What other spring words can you think of to clap and count?</p> | <p>Sing "Twinkle, Twinkle Little Star" with your child. Instruct her to listen for words that rhyme or have endings that sound alike. Sing the song again and have your child identify the rhyming words.</p> |
| Music & Movement | <p><u>Easter Bunny Dance and Freeze</u> <u>Can't Stop the Feeling</u></p> | <p><u>Banana, Banana, Meatball</u> <u>Pop See Ko</u></p> | <p><u>We're going on a bear hunt!</u> <u>Awesome Rainbows</u></p> | <p><u>Head, Shoulders, Knees, and Toes</u> Challenge: Turn off the screen and have your child follow along to audio only!</p> | <p><u>Listen and Move</u> Challenge: Turn off the screen and have your child follow along to audio only!</p> |
| Math & Science | <p><u>Egg Experiment</u> Soak hard-boiled eggs in soda/flavored drink mix overnight. The next day, discuss what happened to the egg. Tell your child that the foods and beverages can stain her teeth just like it stained the egg. Provide a toothbrush and toothpaste for your child to attempt removing the stain from the egg. Extension: Soak an Egg in Vinegar for a few days and help your child record her observations each day. The shell will become soft after a few days as the vinegar pickles the egg.</p> | <p>Provide a deck of playing cards or UNO cards for your child to match. Remove word cards or the royal suite. After matching the numerals, use the cards to play a game of memory.</p> | <p><u>Walking Water Experiment</u> Place 6 cups of water in a circle. Put red food coloring in a cup, leave one plain, then put yellow coloring, leave one plain, put blue coloring leave one plain, so that you have colored water in every other cup. Place a paper towel draped between each cup. Watch the changes over the next few hours or days. Have your child draw a picture of what she observed. Hint: use short glasses or jars and place them close together.</p> | <p>Have your child form playdough into eggs. Have him count out 12 eggs to make a dozen. Challenge him to roll dice or pick a number card and smash that number of eggs. This is a great way to incorporate math into fine motor play!</p> | <p>Go on a rock hunt outside in your yard. Collect 20 rocks. Have your child count the rocks, sort them by a characteristic (size, color, where the rocks were found), or create a pattern with the rocks!</p> |
| Motor Skills | <p>Have your child make a Froot Loop or Cheerio necklace (or any cereal with a hole in the middle). Challenge her to copy, extend, and/or create a pattern in the necklace.</p> | <p>Help your child cut out an egg shape from thick paper (cardstock, construction paper, or cereal box). Allow him to create designs with glue on his egg and pour salt over the wet glue. After it dries, have him paint the salt with water that has been colored with food coloring. A paint brush, old toothbrush, or Q-Tip will work. Display the colorful egg in a prominent place in your home.</p> | <p>Have your child write her own grocery list! Then ask, "Why did you put that on the grocery list? How could we make _____? Where could we go to get all of these items?"</p> | <p>Pour sand, salt, or sugar in a shallow bin (pan or plate). Then, place a number, letter, or shape card in front of the bin and have your child use his finger to copy the symbol in the sand, salt, or sugar. Have him practice writing the symbol several times until he's comfortable to move on to the next card in the deck!</p> | <p>Provide a colander and pipe cleaners or uncooked spaghetti noodles. Have your child practice pushing pipe cleaners through the holes from one side of the colander to the other. After a layer of pipe cleaners has formed, see what objects will rest on top of the woven pipe cleaners without falling through to the bottom!</p> |
| Social & Emotional | <p>Help your child recall the "<u>The Good Egg</u>" from today's story. Lead a discussion of activities your child could do for self-care when she is feeling stressed like the egg in the book.</p> | <p>Hide plastic eggs filled with various "emoji" faces representing happy, sad, mad, surprised, frightened, etc. around the house and let your child go on an emotion hunt. As you open the eggs, discuss the different emotions and ways to handle big feelings.</p> | <p>Help your child learn how to raise her energy and face the day with Rainbow Breathing. Learning to relax and think positive with mindfulness exercises can help your child become her strongest, bravest, silliest, smartest, and best self!</p> | <p>Using a permanent marker, draw facial expressions on plastic eggs that break apart. Draw eyes on the tops (long, narrow end) and mouths on the bottoms (shallow, broad end). Encourage your child to mix and match the tops and bottoms and try to replicate the feeling face in front of the mirror.</p> | <p><u>The Color Monster</u> is very confused and needs help in sorting his mixed-up emotions. Luckily, his friend is there to help. Watch the story to see which feeling the last color represents.</p> |