



	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p><u>Dress Like Mommy</u> While listening to the book with your child, make a list of the colors in Mommy's clothes. Ask your child to find something in your home to represent each of those colors.</p>	<p><u>No Clean Clothes</u> After listening to the story, watch the <u>How To Do Laundry for Kids</u> video with your child. Discuss how dirty clothes are cleaned in your home.</p>	<p><u>Jesse Bear, What Will You Wear?</u> After your child dresses himself like Jesse Bear, create a chart to write your child's responses to: "What clothes do you wear in the morning, at noon, and at night?"</p>	<p><u>Under My Hijab</u> Ask your child to draw a picture of herself in her favorite clothes. Once she is finished, ask her to tell you about her drawing. Write her words down, saying the words aloud as you write them in front of her.</p>	<p><u>Joseph Had a Little Overcoat</u> Ask your child to retell the events of the story. Then ask your child to describe the clothes you are wearing. Next, wrap yourself up in a blanket and see if he can recall what you are wearing.</p>
Phonological Awareness	<p>Ask your child to follow the directions: Hickety, Pickety, Bumblebee, won't you say your name for me? (<i>child says his name</i>) Let's whisper it! (<i>he whispers his name</i>). Let's stomp it! (<i>he stomps the syllables of his name</i>) Let's clap it! (<i>he claps the syllables in his name</i>) Let's shout it! (<i>he shouts his name</i>) Extend by using the names of friends and family members.</p>	<p>Sing the following and ask your child to tell you the words that rhyme: A-hunting we will go. A-hunting we will go. We'll catch a <u>fox</u> and put him in a <u>box</u>. And then we'll let him go. Then ask her to substitute the following words and think of a word to rhyme: bear, cat, dog, bug.</p>	<p>Place several articles of clothing in a bag and say, "We're going to play a rhyming game. You will pull items out of my bag and tell me the name of the item. Then you have to say a word that rhymes with it. This word can be a real word or a nonsense word. If you pull out a sock, you could say rock, or you could say a silly word like gock!"</p>	<p>See if your child can segment and blend sounds by using her name and then the names of all the other people in your child's life: "It begins with /sh/ and it ends with /erry/ Put them together and they say _____ (Sherry)."</p>	<p>Ask your child to identify the beginning sound of the words as you sing to the tune of "If You're Happy and You Know It, Clap Your Hands": What's the first sound that you hear? That you hear? What's the first sound that you hear in: turtle, Tom, and toy? What's the first sound that you hear? That you hear? Repeat with: song, Sally, and saw? bat, balloon, and boy? kite, cat, and kitten?</p>
Music & Movement	<p><u>Wiggle It</u> <u>See It, Say It, Sign It</u> <u>This Is The Way We Wash Our Clothes</u></p>	<p><u>Shake It Like a Duck</u> <u>This Is How I Do It</u> <u>Months of the Year Syllable Song</u></p>	<p><u>Boom Chicka Boom</u> <u>This Is The Way We Get Dressed</u> <u>Clothing Chant for Kids</u></p>	<p><u>Celebration</u> <u>Jump!</u> <u>My Clothes with Sentences</u></p>	<p><u>Workout to the Letter Sounds</u> <u>Let's Get Dressed</u> <u>I Had a Little Overcoat</u></p>
Math & Science	<p>Provide your child with several different colors and kinds of shoes and socks. Ask him to sort them into stacks of items that are alike. Now ask him to create a pattern using the shoes and/or socks. Example: high heel shoe, sneaker, sock, high heel shoe, sneaker, sock, high heel shoe, sneaker, sock, etc.</p>	<p>Ask your child to help you sort the dirty clothes into a colored clothes pile and then a white clothes pile. Next, explain the steps you take each time you wash the laundry.</p>	<p>Take a walk with your child, bringing a t-shirt or white sock along to get the dirty along the walk. When you return home, ask him to predict which method(s) will clean the dirtied clothing best: Only cold water, only warm water, or warm water and detergent? Have him explain the reasoning behind his prediction. Then wash the dirty clothing item and discuss your observations.</p>	<p>Ask your child to notice patterns in clothing. For example: stripes that repeat on a shirt, dots on a pair of socks, etc. Have her help you fold laundry and discuss shapes seen in the clothing as well as the shapes made once as each article is folded.</p>	<p>Research with your child the weather forecast and current temperature. Discuss the clothing he will need to wear outside today compared to upcoming days based on the expected weather.</p>
Motor Skills	<p>Go outside with your child. Ask him to kick a ball to you with his right foot and then his left foot. Then ask him to throw the ball to you with his right arm and then his left. Repeat.</p>	<p>Provide your child with clothes pins/kitchen tongs/tweezers for her to use to pick up different sizes/colors of socks to sort into piles of similar socks.</p>	<p>Draw a wavy line on the driveway/patio or place a piece of string on the floor. Ask your child to walk on top of the line one foot in front of the other without falling off, pretending the area around the line is filled with dirty smelly clothes (yucky).</p>	<p>Ask your child to unlace and relace a shoe. Show her how to push the lace through the holes in the shoe as well as how to cross the laces. Once she has done this, show her how to tie the shoelace in a bow.</p>	<p>Have a relay race with your child. Identify the starting point and turn around location for your race together. You run the racecourse first and then pass the spoon/stick to your child for him to run the same racecourse before running the spoon/stick back to you.</p>
Social Emotional	<p>Watch <u>A Little Spot of Feelings</u>. Draw a picture to represent each emotion on individual pieces of paper. Help your child become an "Emotion Detective" by asking him how he is feeling throughout the day.</p>	<p>Ask your child to select the book she would like for you to read to her and where she would like to sit with you to read the book (example: make a fort or castle out of couch cushions and sheets and read the selected book inside together).</p>	<p>Practice turn-taking as you play "Clothing I-Spy" with your child. See if he can identify what you are describing, "I-Spy with my little eye something that is..." (example: clothes that are long and brown and fluffy— (a brown scarf). Reverse roles, allowing your child to take a turn providing the description.</p>	<p>Call/connect with a family member and have your child "interview" them to find out their favorite things to do, favorite foods to eat, favorite clothes to wear, etc.</p>	<p>Encourage responsibility and independence by allowing your child to select the clothes he wants to wear today.</p>

Post pictures of you and your child learning together using #gaprekathome