

	Monday, March 1 st	Tuesday, March 2 nd	Wednesday, March 3 rd	Thursday, March 4 th	Friday, March 5 th
Literacy	<p><u>Green Eggs and Ham</u> As you read the book, talk about the pairs of rhyming words. Consider making green scrambled eggs and ham for your child. (Animated Version)</p>	<p><u>One Fish, Two Fish, Red Fish, Blue Fish</u> Have your child tell you when he hears a pair of rhyming words as the book is read.</p>	<p><u>Wacky Wednesday</u> Follow along with the story to find all the wacky things in the illustrations. Place some “wacky” things around your home for your child to find.</p>	<p><u>Fox in Socks</u> After reading, say a word from the book, (i.e., socks, shoe, rose, blue, slow, chicks) and ask your child to respond with a word that rhymes.</p>	<p><u>The Cat in the Hat</u> After reading the story, have your child draw a picture to illustrate what she would do if the Cat in the Hat came to your house.</p>
Phonological Awareness	<p>Say pairs of words from today’s book and ask your child to determine if they rhyme or not. boat/goat, house/ham, train/rain, box/boat, Sam/am, see/tree, green/goat, house/mouse, fox/box</p>	<p><u>A B C KickBox</u> Sing along with Dr. Jean to build letter sound skills.</p>	<p><u>Clap our Syllables</u> Build body and brain connections while learning about counting syllables.</p>	<p><u>Hop on Pop</u> Help your child come up with non-sense rhymes using a word like “at”: blat, dat, wat, zat, etc.</p>	<p><u>ABC Book</u> Encourage your child to listen for alliteration (the occurrence of the same sound at the beginning of adjacent or closely connected words).</p>
Music & Movement	<p><u>Green Eggs and Ham</u> <u>I’m a Gummy Bear</u></p>	<p><u>Head, Shoulders, Knees, and Toes</u> <u>The Floor is Lava</u></p>	<p><u>Fred the Moose</u> <u>Moose Tube- Baby Shark</u></p>	<p><u>Just Dance - Party in the Kitchen</u> <u>Alphabet Aerobics</u></p>	<p><u>The Cat Came Back</u> <u>Zumba Kids</u></p>
Math & Science	<p><u>Fizzy Green Eggs</u> Mix 1/2 cup of baking soda with 9 drops of food coloring and 1 tablespoon of water. You should have a soft dough that holds together when you squeeze it but falls apart if any extra pressure is added. Form the dough into four balls that look like eggs and give your child a cup of vinegar and a pipette so she can make her own <i>fizzy</i> green eggs!</p>	<p>Give your child a handful of colored goldfish crackers (or other item in a variety of colors). Ask him to sort the crackers by color and then count the amount in each group. Help him create a graph and then make patterns using the goldfish crackers before enjoying a “Math Snack.”</p>	<p><u>Wacky Numbers</u> Depending on your child’s number knowledge, place index cards with the numbers 0-10 or 0-20 written on them. Switch a few of the cards to the wrong place. Let your child work to correct the number line and get the numbers back into the proper order.</p>	<p>Have your child help sort the sock laundry. Challenge him to find matches and sort them by sizes, colors, and family members to whom they belong.</p>	<p>See if you and your child can balance like the cat in the hat. Gather some books, and other non-breakable items and see how tall of a structure you can make together by balancing the objects.</p>
Motor Skills	<p>Have your child draw a picture of a rhyming pair from today’s story: fox/box, train/rain, mouse/house, boat/goat, etc. Then see if she can write the letters she hears in the words to label the drawings.</p>	<p>Place cotton balls in one container and give your child a clothespin. Have him move the cotton balls from one container to another using the clothespin.</p>	<p>Boil spaghetti noodles and let your child use scissors to practice cutting the cooled noodles. You can color the noodles with food coloring to make it even more fun.</p>	<p>Give your child a deck of playing cards and have him clip the appropriate number of clothespins or paper clips on each card to match the number.</p>	<p><u>Preschool Cup Stacking Challenge</u> Demonstrate how to stack plastic cups on top of one another (bottom side up) with an index card in between. Together, see how tall you can construct a tower.</p>
Social & Emotional	<p>Talk about the importance of trying new things. Help your child make a list of new things she would like to learn or do before next fall. Perhaps it’s riding a bike, eating a new food, or assuming a new responsibility at home.</p>	<p><u>My Wallaby Won’t Use His Words</u> Help your child learn a fun way to calm down when he feels angry or upset -- and how to express these feelings in a controlled and respectful manner.</p>	<p><u>Emotions by the Storybots</u> Help your child understand her emotions with songs about feeling happy, sad, silly and more!</p>	<p><u>I’ve Got a Bear and He Won’t Share</u> Children who lack social skills may not interact properly with their friends, family or society as a whole. This rhyme teaches an extremely important social skill - sharing.</p>	<p><u>Learn to Belly Breathe with Rosita</u> Rosita knows it can be frustrating staying inside all the time because she feels the same way, too! Take a deep breath and learn to belly breathe with Rosita!</p>