

	Monday, February 1 st	Tuesday, February 2 nd	Wednesday, February 3 rd	Thursday, February 4 th	Friday, February 5 th
Literacy	<p><u>Who Was Martin Luther King Jr.?</u> Martin Luther King Jr. wanted everyone to be kind to one another. Help your child list some ways that she can be kind. K is for Kindness</p>	<p><u>We are Different, We are the Same</u> Discuss how skin color, hair, eyes, and noses don't really matter because we have many more similarities than differences.</p>	<p><u>I Am Jackie Robinson</u> Lead your child in a discussion about the differences in the time when Jackie grew up and now.</p>	<p><u>I am Perfectly Designed</u> Talk about the things that make your child special and list some of the special qualities that make friends or family members special.</p>	<p><u>George Washington Carver</u> Ask, "What did George Washington Carver study at school? What did he teach others? What products did Mr. Carver make from peanuts?"</p>
Phonological Awareness	<p>Blindfold your child and give her directions on how to get somewhere in your home. She will have to completely focus on listening. Walk beside her to guide her to make sure she doesn't run into something.</p>	<p>Help your child think of some rhyming friends for "The Cat in the Hat" i.e., a frog on a l ___, a bear in a ch ____, a snail in a p ____, a goat in a b ____, a mouse in a h ____! Can you think of more?</p>	<p>I say /b/ and you say /at/ /B/ - /at/ /B/ - /at/ /B/ - /at/ What did we say? We said "BAT!" (Try this again with different words.)</p>	<p>Using a gameboard from a game like Candyland or one drawn on a piece of paper, have your child listen to a sentence and count how many words are in the sentence. Then, direct them to move that many spaces on the gameboard.</p>	<p>Challenge your child to go on a search around the house for things that all start with the same letter sound. For example, banana and ball or doll and dog.</p>
Music & Movement	<p><u>Yes! I Want to Build a Snowman</u> <u>Clap it Out</u></p>	<p><u>Dynamite- Blazer Fresh</u> <u>Shake Yo Foot</u></p>	<p><u>Moose Tube and The Harlem Globe Trotters</u></p>	<p><u>Super Fun Show!</u> <u>Happy Dance</u></p>	<p><u>Peanut Butter and Jelly</u> <u>Knicky, Knacky, Knocky, Knoo</u></p>
Math & Science	<p><u>Mae Among the Stars</u> Challenge your child to make a shape rocket from paper, glue, scissors, crayons or markers.  <u>Mae Jemison</u></p>	<p>Provide a brown egg and a white egg and have your child compare the outside and draw a picture to record his observation. List the differences and similarities. Then crack the eggs and once again, have your child draw a picture of his observation and list the differences and similarities. (If you don't have eggs, choose something else you have that is similar and discuss the similarities and differences. EX: lemon and lime or orange and tangerine)</p>	<p>Use painters' tape (or masking tape) to mark how tall each member of your family is on a door or wall. Then gather objects that can stack such as canned goods, blocks, or books and see how many canned goods tall each person is. This is called non-standard measurement. Compare the differences in the amount it took for each person. Does it take more or fewer blocks to reach each person's height?</p>	<p>Send your child on a scavenger hunt for shapes. Ask him to find a: -a circle -a square -a triangle -a rectangle Challenge: -sphere -cube</p>	<p>Put roasted peanuts and a pinch of salt (to your liking) in a blender or food processor and blend until smooth. (You can also chop the peanuts with a hand chopper or electric chopper. Discuss how the peanuts changed. Taste them before and after. (If your child is allergic to peanuts, try pecans, almonds, or sunflower seeds instead.)</p>
Motor Skills	<p>Place some coins or buttons in a small bowl of rice and have your child remove the buttons or coins with tweezers or tongs.</p>	<p>Write your child's name on a paper, making the letters as large as possible. Ask him to roll playdough into small snakes and place the snakes onto the letters of his name.</p>	<p>Challenge your child to build a pyramid as tall as possible with small paper or plastic cups.</p>	<p>Encourage your child to write his middle name and draw a self-portrait.</p>	<p><u>The Story of Martin Luther King as told by Kid President</u> Have your child draw a picture of her dream for the future. Ask her to tell you about her dream so you can write the sentence(s) beneath the picture.</p>
Social & Emotional	<p><u>Friends are Different and the Same</u> Skin color, hair, glasses, braces, even a tail--Daniel and his friends are different in many ways, but there are many ways that they are the same.</p>	<p><u>Belly Breathe</u> Ask your child if he ever feels like a mad "monster." Try out the belly breathing Colbie Caillat and Common recommend in the song.</p>	<p><u>I Am Enough</u> Simple words send a powerful message: When you love yourself and those around you, there's nothing you can't do! Ask, "What do you want to be one day?"</p>	<p><u>You Matter</u> Help your child think of ways to show others that they matter!</p>	<p><u>The World Needs More Purple People</u> PURPLE People are curious, kind, and work hard to make their community a better place! Draw the PURPLE People in your life below and color in your world!</p>