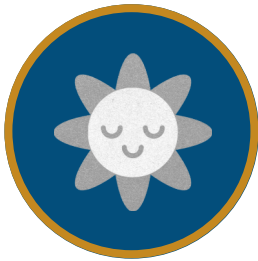




# POSITIVE DISCIPLINE: WHAT DOES IT SOUND LIKE?



## USE A CALM VOICE.

Anger, yelling, etc. will make the problem worse, not better. When you are calm and patient, the child is better able to calm as well.



## BE POSITIVE AND SUPPORTIVE.

Provide comfort and support when needed. Ex: With a gentle hand on his shoulder, the teacher says, "I know it hurt your feelings. Let's see how we can solve this problem."



## EXPLAIN WHY.

Include simple explanations with your redirection to increase understanding and encourage children to comply. Ex: "Use walking feet so you don't trip and fall."



## INVOLVE THE CHILD.

Help children understand how their actions affect others and involve them in resolving their own problems when age appropriate. Ex: "When you wouldn't share the animals with your friend, he was sad and cried. How do you think we could help him feel better?"



## ENSURE FOLLOW THROUGH.

Stay with the children, offering support, until the problem is fully resolved and the children are satisfied with the outcome. Ex: "Good ideas. Let's try them. I'll stay here with you, in case you need any help."

*"When little people are overwhelmed with big emotions, it is our job to share our calm, not to join their chaos."  
~L.R. Knost*



**Georgia Dept  
of Early Care  
and Learning**  
BRIGHT FROM THE START