



Greetings Nutrition Program Providers,

DECAL's Nutrition Services has partnered with Georgia Organics for this year's October Farm to School & Early Care and Education Month **ParSLAY the Day** campaign. **ParSLAY the Day** is a state-wide campaign to get kids eating, growing, and participating in parsley-themed activities.

To participate in **ParSLAY the Day** at your early care center or home, school, or in your community, visit [here](#) to register and receive access to a free electronic toolkit filled with parsley-themed activities, standards-based lesson plans (for ECE and K-12), fact sheets, recipes, and more!



Governor Brian Kemp has signed a proclamation declaring October as Farm to School and Farm to Early Care and Education Month in Georgia.

Farm to School (F2S) and Farm to Early Care and Education Month Education (FTECE) programs represent an innovative opportunity to address some of the most critical issues facing Georgia through a comprehensive approach that seeks to improve child nutrition, thus improving academic performance and providing local market opportunities for Georgia farmers.

Georgia agencies, schools, early care and education (ECE) providers, parents, students, farmers, and communities are collaborating to implement F2S and FTECE programs to increase access and education around fresh, local, and nutritious foods to support healthy growth & development. View the proclamation [here](#).



Play the Herbs Memory Match Game

Click [here](#) to download the memory cards. Included are three game options:

- (1) children try to flip over matching cards,
- (2) children try to match the herb name with the correct picture (for older children), and
- (3) children color cards, then try to flip over matching cards.

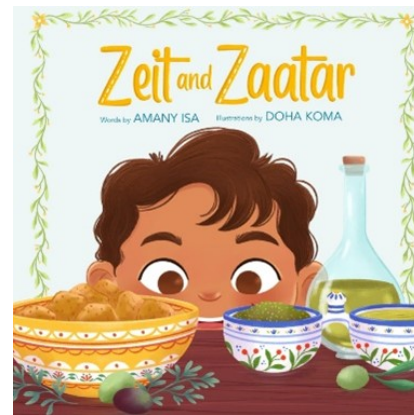
Teachers will need to print and cut the cards out. If children are old enough, allow them to cut the cards out

under your supervision. **Sign up** for this year's campaign to access other activities and resources.

Read “Zeit and Zaatar,” by Amany Isa

When one hungry boy discovers that his family is out of peanut butter, Momma suggests a snack that her Momma used to make in Palestine. Eager to try Zeit and Zataar, they made a song to explore the history of this tasty mix of olive oil, tangy herbs, and pita bread.

Sign up for this year’s campaign to view the *Parsley Book List – Suggested Titles for October Farm to School Month*.



Ways to Participate in Farm to School Month

- Register [here](#) to receive access to a free electronic toolkit filled with parsley-themed activities, standards-based lesson plans, fact sheets, recipes, and more!
- Check out the [Infant & Toddler](#) and [Pre-K](#) lesson plans created for October Farm to School & Early Care and Education Month.
- Check out DECAL’s [October Farm to School Month](#) & [Harvest of the Month](#) Pinterest pages for recipe and activity ideas featuring parsley and other fresh herbs.
- Share your ParSLAY the Day pictures and activities on social media with [#parslaytheday](#). Each week during October, anyone who has used this hashtag will be entered to win a prize and at the end of the month there will be a grand prize winner from Georgia Organics.

RESOURCES & OPPORTUNITIES

- Find QCC’s Harvest of the Month resources, including a GELDS-aligned lesson plan, family newsletter, book list and more on the Georgia Organics [“ParSLAY the Day” campaign page!](#)
- Check out their brand new [“Harvest of the Month: Kids in the Kitchen” cookbook](#), filled with 12 veggie and fruit recipes children can make with their child care provider or family.
- [Register](#) for one of QCC’s free, state-approved virtual trainings, including:
 - ♥ Supporting Social-Emotional Development with Farm to ECE on Tues, 10/29 from 1:00-2:00pm
- QCC’s seasonal cycle menus are now available to all child care providers, and the fall menus with linked recipes.
 - [Fall Cycle Menu for Centers](#)
 - [Fall Cycle Menu for Homes](#)

We’re excited to celebrate parsley and other fresh herbs, but did you know ECE programs can access QCC’s Harvest of the Month resources every month, all year long? Visit their [Farm to ECE page](#), scroll down, and see what’s in-season this month.

Together, we can help feed Georgia's Children & Adults.

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