Social Emotional Development (SED)
0-12 Months

Strand: Developing a Sense of Self	
Standard SED1: The child will develop self-awareness.	
SED1.0a	Responds to an image of self.
SED1.0b	Responds to own name.
SED1.0c	Aware of own abilities and preferences.
Standard SED2: The child will engage in self-expression.	
SED2.0a	Makes sounds, facial expressions, or body movements to express needs and feelings of comfort or discomfort.
SED2.0b	Uses sounds, facial expressions or body movements to express simple emotions of contentment or discontent.
Strand: Self-Regulation	
Standard SED3: The child will begin to demonstrate self-control.	
SED3.0a	Demonstrates a pattern of wakefulness, sleep, and hunger that caregivers can follow.
SED3.0b	Soothes in response to a caregiver's voice, touch, or being close.
SED3.0c	Develops an awareness of transitions and schedule/routines with adult prompts.
Strand: Developing a Sense of Self with Others	
Standard SED4: The child will develop relationships and social skills with adults.	
SED4.0a	Responds differently to familiar and unfamiliar adults.
SED4.0b	Develops trust and attachment toward familiar adults.
SED4.0c	Imitates examples of affection with familiar adults.
SED4.0d	Expresses needs to familiar adults.
Standard SED5: The child will develop relationships and social skills with peers.	
SED5.0a	Demonstrates interest in other children.
SED5.0b	Engages in solitary play around other children.
SED5.0c	Demonstrates awareness of tension with peers by crying, turning away, or showing distress.
SED5.0d	Observes peers who are experiencing a need or discomfort.

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12-24 Months

Strand: Developing a Sense of Self	
Standard SED1: The child will develop self-awareness.	
SED1.1a	Identifies image of self.
SED1.1b	Says own name.
SED1.1c	Shows knowledge of own abilities and preferences.
Standard SED2: The child will engage in self-expression.	
SED2.1a	Uses sounds, facial expressions, or gestures to express needs and preferences.
SED2.1b	Displays a range of basic emotions such as happiness, sadness, and fear.
Strand: Self-Regulation	
Standard SED3: The child will begin to demonstrate self-control.	
SED3.1a	Follows simple routines in a group setting with adult support, such as eating, napping, or playing.
SED3.1b	Self-soothes with minimal adult support.
SED3.1c	Adjusts to transitions and changes to schedules/routines with adult support.
SED3.1d	Demonstrates the beginnings of impulse control with adult guidance.
Strand: Developing a Sense of Self with Others	
Standard SED4: The child will develop relationships and social skills with adults.	
SED4.1a	Engages in interactions with familiar adults and responds to unfamiliar adults cautiously.
SED4.1b	Shows feelings of security with familiar adults.
SED4.1c	Shows signs of affection with familiar adults.
SED4.1d	Looks to or seeks help from a familiar adult.
Standard SED5: The child will develop relationships and social skills with peers	
SED5.1a	Begins to relate to and show enjoyment in interactions with other children.
SED5.1b	Engages in mostly solitary play with some parallel play (playing alongside other children).
SED5.1c	Engages in conflicts with peers regarding possession of items.
SED5.1d	Shows awareness of feelings displayed by peers.

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24-36 Months

Strand: Developing a Sense of Self	
Standard SED1: The child will develop self-awareness.	
SED1.2a	Uses gestures and actions to reference self when interacting with others.
SED1.2b	Demonstrates knowledge of some personal information with adult assistance.
SED1.2c	Shows sense of satisfaction in own abilities/preferences.
SED1.2d	Shows emerging independence by occasionally testing limits.
Standard SED2: The child will engage in self-expression.	
SED2.2a	Uses words, phrases, and gestures in English and/or their home language to communicate needs, ideas, and preferences.
SED2.2b	Uses verbal and non-verbal expressions to demonstrate basic emotions such as anger, happiness, and sadness.
Strand: Self-Regulation	
Standard SED3: The child will begin to demonstrate self-control.	
SED3.2a	Displays understanding of routines and rules.
SED3.2b	Self-soothes independently.
SED3.2c	Responds to transitions and changes to schedules/routines.
SED3.2d	Regulates some impulses with adult guidance.
Strand: Developing a Sense of Self with Others	
Standard SED4: The child will develop relationships and social skills with adults.	
SED4.2a	Stays connected with familiar adults using gestures, glances, and verbal interaction.
SED4.2b	Looks to familiar adults for reassurance when trying new tasks.
SED4.2c	Expresses affection with familiar adults.
SED4.2d	Uses verbal and non-verbal cues to request help.
Standard SED5: The child will develop relationships and social skills with peers.	
SED5.2a	Plays with familiar peers.
SED5.2b	Engages in parallel play (playing alongside other children) for short periods. Observes and imitates other children.
SED5.2c	Occasionally resolves peer conflicts with adult support.
SED5.2d	Recognizes and names the feelings of peers with adult guidance.

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36-48 Months

Strand: Developing a Sense of Self	
Standard SED1: The child will develop self-awareness.	
SED1.3a	Recognizes self as a unique individual when interacting with others.
SED1.3b	Demonstrates knowledge of personal information.
SED1.3c	Shows sense of satisfaction in own abilities, preferences, and accomplishments.
SED1.3d	Shows emerging sense of independence in their own choices.
Standard SED2: The child will engage in self-expression.	
SED2.3a	Uses a combination of words, phrases, and actions in English and/or their home language to communicate needs, ideas, opinions, and preferences.
SED2.3b	With adult guidance, uses verbal and non-verbal expressions to demonstrate a larger range of emotions such as frustration, jealousy, and enthusiasm.
Strand: Self-Regulation	
Standard SED3: The child will begin to demonstrate self-control.	
SED3.3a	Recalls and follows simple group rules.
SED3.3b	Regulates own emotions and behaviors with adult support when needed.
SED3.3c	Manages transitions and adapts to changes in schedules and routines with adult support.
SED3.3d	Regulates a wide range of impulses with adult guidance.
Strand: Developing a Sense of Self with Others	
Standard SED4: The child will develop relationships and social skills with adults.	
SED4.3a	Shows signs of security and trust when separated from familiar adults.
SED4.3b	Looks to a familiar adult to decide how to respond to a new or stressful situation.
SED4.3c	Expresses affection with familiar adults by using words and actions.
SED4.3d	Seeks out adult for help.
Standard SED5: The child will develop relationships and social skills with peers	
SED5.3a	Initiates play with one or two other children.
SED5.3b	Engages in mutual/cooperative play.
SED5.3c	Seeks adult support to resolve some peer conflicts.
SED5.3d	Recognizes and names the feelings of peers with adult support.
SED5.3e	Shows emerging respect for peers' belongings.

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48-60 Months

Strand: Developing a Sense of Self	
Standard SED1: The child will develop self-awareness.	
SED1.4a	Identifies self as belonging to groups and in a larger world picture.
SED1.4b	Identifies personal characteristics, preferences, thoughts, and feelings.
SED1.4c	Shows confidence in a range of abilities and the capacity to take on and accomplish new tasks.
SED1.4d	Shows independence in their own choices.
Standard SED2: The child will engage in self-expression.	
SED2.4a	Uses complete sentences and actions in English and/or their home language to express needs, ideas, opinions, and preferences.
SED2.4b	With adult guidance, uses verbal and non-verbal expressions to describe and explain a full range of emotions.
SED2.4c	Uses pretend-play to present emotions of self and others.
SED2.4d	With adult guidance, distinguishes between own emotions. and the conditions that cause each.
Strand: Self-Regulation	
Standard SED3: The child will begin to demonstrate self-control.	
SED3.4a	Independently follows rules and routines.
SED3.4b	Regulates own emotions and behaviors and seeks out adult support when needed.
SED3.4c	Manages transitions and adapts to changes in schedules and routines independently.
SED3.4d	Regulates a wide range of impulses.
Strand: Developing a Sense of Self with Others	
Standard SED4: The child will develop relationships and social skills with adults.	
SED4.4a	Transitions well into new, unfamiliar settings.
SED4.4b	Uses a familiar adult's suggestions to decide how to respond to a specific situation.
SED4.4c	Initiates affection with familiar adults.
SED4.4d	Seeks out adults as a resource for help and assistance.
Standard SED5: The child will develop relationships and social skills with peers	
SED5.4a	Develops and maintains friendships with other children.
SED5.4b	Plays cooperatively with a few peers for a sustained period of time.
SED5.4c	Attempts to resolve peer conflicts using appropriate strategies.
SED5.4d	Expresses concern for and understanding of peers' feelings by attempting to comfort and help.
SED5.4e	Shows respect for peers' belongings.

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