

Pre-K Activities

Monday	Tuesday	Wednesday	Thursday	Friday
What is Farm to Summer?	Gardening & Physical Activity	Cooking & Taste Testing	Locally Grown in Meals & Snacks	Literacy, Music & Movement
<p>Farm Babies Watch the video with your children. Talk about the animals in the video. See if they can recall the names of the mother, father, and baby animals.</p>	<p>Pig Roll Have the children pretend to be silly pigs. Have them lie down on the rug or outside in the grass and roll back and forth like a pig in the mud! What other animals can they pretend to be?</p>	<p>Eating the Alphabet Help your children label different foods at your site with the first letter of the food by having them write the letter on a piece of paper or sticky note to place on the food item.</p>	<p>Fruit and Veggie Sort Use fruits and vegetables you have at your site (real, canned, play food, or pictures). Instruct the children to put the fruit in a group and veggies in a group. How many are in each group? Which group has more/less? Discuss other ways the food could be sorted.</p>	<p>Garden Yoga with CALi Click on the link to practice garden yoga poses with CALi.</p> <p>Yoga Time on the Farm Click on the link to practice self-care with this fun farm yoga class!</p>
<p>All Around the Farm Good Morning, Farm Animals!</p>	<p>The Barnyard Song I Can Move My Body Like Anything</p>	<p>The Animals On The Farm Wishy Washy Washer Woman</p>	<p>Five Little Ducks Food on the Farm Dance</p>	<p>Go Bananas Can't Stop the Feeling</p>
<p>Farm Animals and Their Sounds Children will LOVE the sounds the farm animals make as they go behind the barn doors to meet typical animals found on a farm. After watching the video, have the children close their eyes or turn away from the screen and play the video again. Ask the children to identify which animal makes the sound they hear.</p>	<p>Lola Plants a Garden Ask your children to draw a picture of a garden. Say, "Tell me about your garden? What would you grow in your garden?". Write their responses, saying the words as you write them.</p>	<p>Let's Plan a Meal Ask the children to help you plan, serve, and eat a colorful meal. Discuss where the food items came from before they were available in the store for purchase. *Help the children incorporate the June Harvest of the Month feature, cucumbers.*</p>	<p>Plants Feed Me After listening to the book, ask your children to name the plants they eat. Together, make a list of the plants (or plant products) you have at your site to eat.</p>	<p>The Carrot Seed Discuss the character's persistence (continued caring for the seed even though others told him it would not "come up"). Ask the children about a time when they demonstrated persistence through continuing to perform a task even when it was difficult.</p>

Post pictures of you and your children participating in Farm to Summer Week activities using #GAFarmtoSummer.

This institution is an equal opportunity provider.