

Farm to Summer Week
June 24 – 28, 2024
Infant and Toddler Activities

Monday, June 24	Tuesday, June 25	Wednesday, June 26	Thursday, June 27	Friday, June 28
What is Farm to Summer?	Gardening & Physical Activity	Cooking & Tasting	Locally Grown in Meals & Snacks	Literacy, Music & Movement
On the Farm	Nature Walk	Healthy Foods Tasting	Peach Smoothie	Solid Stomp
What comes to mind when you think of a farm?	Play I-spy while you walk through the garden.	Time to put those taste buds to the test!	Peaches make a refreshing and tasty snack.	Let's Get Moving!
<p>Materials:</p> <ul style="list-style-type: none"> • Construction paper • Paint • Paintbrushes • Markers • Crayons • Stickers • Tape • Glue <p>Instructions:</p> <ol style="list-style-type: none"> 1. Talk with toddlers about farms. 2. Ask them questions about what they would see on the farm. 3. Provide toddlers with various art materials for them to create their own version of a farm scene. 	<p>Materials:</p> <ul style="list-style-type: none"> • Outdoor space • Pictures of gardening items <p>Instructions:</p> <ol style="list-style-type: none"> 1. Take pictures of gardening items with the children outside. 2. Encourage children to walk around outside and “spy” the gardening items in real life. 	<p>Materials:</p> <ul style="list-style-type: none"> • Pre-cut fruits and vegetables • Plates <p>Instructions:</p> <ol style="list-style-type: none"> 1. Give children a piece of each fruit and veggie to taste. 2. Ask children to describe how the food tastes, its texture, etc. <p>*You could extend the activity by charting children’s responses*</p> <p>Eggplant and tomatoes are the June Harvest of the Month feature. Incorporate Georgia Seasonal Fruit & Vegetables in June into your taste test.</p>	<p>Ingredients:</p> <ul style="list-style-type: none"> • 5 oz Vanilla yogurt • 1 ½ C Fresh or frozen peaches • ½ C Crushed ice • ¾ C Coconut milk (may substitute with milk of your choice.) • ¼ Tsp ground cinnamon • ½ Tsp sugar (may substitute type of sugar, and amount) <p>Instructions:</p> <ol style="list-style-type: none"> 1. Combine all ingredients in a blender and blend until smoothie consistency is to your liking. 	<p>Materials:</p> <ul style="list-style-type: none"> • No materials are needed. <p>Instructions:</p> <ol style="list-style-type: none"> 1. Go outside and play your children’s favorite songs. 2. Encourage children to dance, jump, and stomp on the ground. 3. Find different textures for children to dance on, such as cement or grass. 4. Discuss if dancing on softer ground feels different with children.

Post pictures of you and your children participating in Farm to Summer Week activities using #GAFarmtoSummer

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