



# Georgia Dept of Early Care and Learning

BRIGHT FROM THE START



## Exemptions Newsletter - Winter 2020

### immunizations



A representative from your local public health department may visit or contact your child care program sometime this year to review the immunization records for the children in your care.

According to the Georgia Department of Public Health Rules (Chapter 290-5-4), any child attending a school or child care program must present proof that their immunization records are current. The proof is Certificate of Immunization (Form 3231), which must be kept on file and available for inspection by authorized health officials.

If you have any questions, call Child Care Services at 404-657-5562 or the Georgia immunization Program at 404-657-3158.

[Click for More Information](#)

## Tips to Keep Kids Warm All Winter

Whether winter brings severe storms, light dustings or just cold temperatures, the American Academy

of Pediatrics (AAP) has some valuable tips on how to keep your children safe and warm. [Click here](#) to learn more about what to wear, frostbite, and hypothermia.

### Brrr...it's Cold! What to Wear

Tips to keep kids warm & safe in winter

Dress in several thin layers

Kids need 1 more layer of clothing than adults

In car seats, make sure layers are snug, not bulky

Remember warm boots, mittens & a hat

Change out of wet clothes right away

For more tips, visit [HealthyChildren.org](http://HealthyChildren.org).

American Academy of Pediatrics  
DEDICATED TO THE HEALTH OF ALL CHILDREN™



[healthychildren.org](http://healthychildren.org)  
Powered by pediatricians. Trusted by parents.  
from the American Academy of Pediatrics

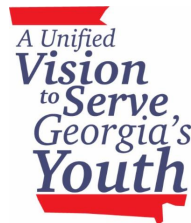
## Sesame Street Child and Adult Care Food Program (CACFP) Week Meal Pattern Reference Cards



The National CACFP Sponsors Association is teaming up with Sesame Street in Communities to celebrate CACFP Week March 15-21, 2020! Their website has lots of resources, materials, and fun ways to spread the word about the Child and Adult Care Food Program. Click the picture to the left to order meal pattern reference cards to distribute or download online.

## Training Opportunities

### Afterschool Day at the Capitol 2020!



Georgia Afterschool & Youth Development  
**Initiative**

A collaboration between GSAN & GUIDE, Inc.

Join the Georgia Statewide Afterschool Network (GSAN) for the third annual Georgia Afterschool Day at the Capitol! At Afterschool Day at the Capitol, afterschool and summer providers will get a chance to share how your program fills a critical need in your community directly with legislators! The day will begin at the Georgia Freight Depot for advocacy training, resources, and networking. Participants will then go across the street to the State Capitol to share the value of afterschool directly with legislators, meet with partners, and reflect on the experience.

Please note you will need a **valid ID** to enter the State Capitol.

This is a **FREE** event, but registration is required. After you register, be on the lookout for emails from GSAN on how to prepare for this exciting event!

When: February 25, 2020 from 7:30 AM to Noon

**Breakfast Served: 7:30 am - 8:00 am**

**Training Begins: 8:00 am**

Where: Georgia Freight Depot

65 M.L.K. Jr Dr SW

Atlanta, GA 30303

Georgia State Capitol

206 Washington St SW

Atlanta, GA 30334

[Click to Register](#)



PennState Extension

## Better Kid Care Online Learning

Better Kid Care provides evidence-informed professional development to early care and education and youth development professionals to improve the quality of their care and educational practices. Online training is available for child care professionals with more than 200 relevant modules.



Better Kid Care translates research-based information into online child care training modules and other professional development resources for early childhood and school-age practitioners in the following curriculum areas:

- Child Growth & Development
- Curriculum & Learning Experiences
- Families, Schools and Community Collaboration and Partnerships
- Assessment
- Communication
- Professionalism & Leadership
- Health, Safety & Nutrition
- Program Organization & Administration

[Click here](#) to locate state approved online training opportunities.

## Read All About It...

# Bundle Up and Get Outside: Why Kids Should Play Outdoors in Winter

By Caileigh Flannigan January 03, 2017

Article courtesy of FIX <https://www.fix.com/blog/keep-kids-playing-outdoors-in-winter/>

As winter and cold weather approaches, children's play is often limited to the indoors. Adult fears about safety and negative attitudes toward exposure to cold weather are the barriers that prevent children from accessing play in winter months. It is common to hear adults say that "my child will not like being in the cold weather," or "the cold is too dangerous to play in," or "there's nothing to play with." It is up to adults to focus on the importance of children's play, regardless of the season. After all, play should not be restricted to warm weather. Let's welcome this upcoming winter season with a playful attitude.

[Click for Full Article](#)

## Exemption Category Refresher

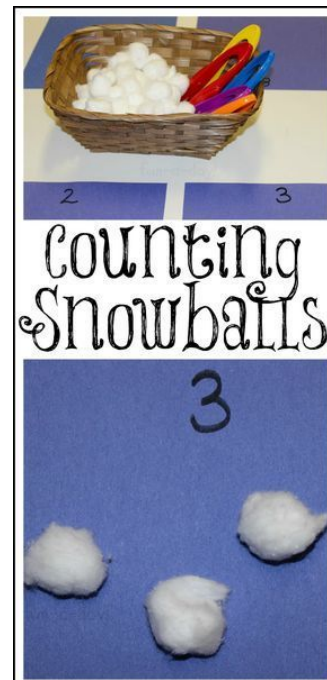


**Exemption Category 6:** Nursery schools, playschools, kindergartens or other educational programs for children two (2) years through six (6) years of age that operate for no more than four (4) consecutive hours per day.

Programs are for children ages 2-6, up to 4 hours each day, cannot be combined with other categories for the same children attending.

[Click here](#) for more details on exemption categories and clarifications.

## Fun Winter Themed Activities!



**SNOWSTORM IN A JAR**  
*science experiment*  
onelittleproject.com



**Child Care Services Exemptions Unit**  
**CCSExemptions@dec.al.ga.gov**  
**770/293-5977**

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