

## *Every Amazing Story* by Coy Bowles and Malcolm Mitchell

### Character Moves: A Movement Adventure Inspired by *Every Amazing Story*.





**Objective:** Help children explore movement, imagination, and storytelling by acting out characters from the book *Every Amazing Story* by Coy Bowles and Malcolm Mitchell.

#### Learning Goals

- Strengthen gross motor skills.
- Encourage creativity and self-expression.
- Support listening and comprehension through movement.

#### Activity Instructions for Educators:

1. Introduce the Story & Characters
  - Read the book, “*Every Amazing Story*”, highlighting fun characters and the adventurous journey to Mount Storymore.
2. Assign Movements to Characters:
  - Connect each character to a movement that reflects their personality or actions.
3. Read & Move
  - As you read or retell parts of the story, cue children to act out the character movements.
  - Example: “The frogs cartwheeled through the forest!” → Children hop or do jumping jacks.

Character	Movement
 Koalas	Dance (wiggle, sway, spin)
 Frogs	Cartwheel, hop, or jumping jacks
 Malcolm & Coy	Climb the mountain (reach and stretch)
 Malcolm	Run in place





## Characters and Movement Activities:

### **Koala Wiggle, Spin and Sway (8 counts)**

- Wiggle your hips side to side.
- Add little shoulder shakes for extra fun.
- Do a slow spin in place.
- Then sway side to side with arms out like branches.
- Repeat the routine 2–3 times.
- Add a little more energy each time or invite kids to add their own koala-style moves!



### **Frogs Jumping Jacks – Show energy and excitement**

- Stand tall with arms at your sides.
- Jump and spread your legs while raising arms overhead.
- Jump again to return to the starting position.
- Repeat in a steady rhythm for 8–10 counts.



### **Hop – Reflects a frog's natural way of moving**

- Start in a squat position with hands on the floor.
- Push through your legs and hop forward like a frog.
- Land softly and return to the squat.
- Repeat 3–5 times in a row.



### **Malcolm & Coy – "Climb the Mountain"**

- Start in a standing position, feet shoulder-width apart.
- Reach your right arm up as high as you can, stretching through your side body.
- As you lower your right arm, lift your left arm up, mimicking a climbing motion.
- Add a slight knee lift with each reach to simulate stepping up the mountain.
- Repeat for 30 seconds to 1-minute, alternating arms and legs.



### **Malcolm – "Run in Place"**

- Invite children to stand in their own space, feet hip-width apart.
- Say: "Let's pretend we're Malcolm, always on the move and full of energy!"
- Begin running in place, lifting knees gently and swinging arms.
- Encourage children to match your pace — start slow, then speed up for a few seconds, then slow down again.
- Add imagination:
  - "We're running to help a friend!"
  - "We're racing to the playground!"
  - "We're zooming like superheroes!"
- Duration: 20–30 seconds, repeat as needed.

