



Creating a Smooth

DAILY SCHEDULE

1

Keep your schedule simple.

2

Make sure the timing and length of activities meet children's developmental and age-appropriate needs.

3

The schedule should be consistent each day, so children know what to expect.

4

Minimize transitions and wait times for children.

5

Make free play abundant, occurring inside and outside each day.

6

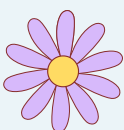
Use more child-directed activities than teacher-directed activities.

7

Circle time is not required. Consider small groups or extra stations during free play instead.

8

If you include circle time, keep it short and make participation optional for children.



All these tips
also support
schedule
needs for:



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Georgia Licensing Requirements for **DAILY SCHEDULES**

Rule Chapters: 591-1-1-.03 CCLC / 290-2-3-.09 FCCLH

Children must have a variety of developmentally appropriate activities each day that promote the social, emotional, physical, cognitive, language and literacy development of each child, and children must be allowed to make choices for a variety of these activities.

Required activities for all age groups include:

- Indoor and outdoor play
- Quiet and active play
- Balance of supervised free choice and teacher-directed activities
- Individual, small group, and large group activities
- Gross Motor activities
- Fine Motor activities
- Language experiences
- Arts and crafts
- Dramatic Play
- Rhythm and Music
- Nature and Science

Programs are welcome to provide additional activities beyond these required activities as well.

Children are required to go outside daily, weather permitting. Programs open five or more hours must provide children at least 1-1.5 hours of outside play time daily, based on age, although more time is allowed and encouraged.

- Infants: 1 hour
- Children 1 year old and older: 1.5 hours

Outdoor play time can be split into multiple segments during the day, as long as the minimum total is met or exceeded each day.

Tip for Success: Indoor free play in interest centers and outdoor free play on the playground will easily meet all of these requirements.



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Children must be allowed to use the restroom and get drinking water as needed throughout the day.

The daily schedule should be posted in the classroom and reflective of the actual routines and activities occurring for that class.

Meals and snacks must be served at least 2 hours apart, and the following must be provided: breakfast or a morning snack, lunch, afternoon snack, and supper, if evening care is provided.

(591-1-1-.15 Food Service and Nutrition CCLC / 290-2-3-.10 Nutrition and Food Services FCCLH)

Supervised nap or rest periods during the day must be provided for children under five (5) years of age. Children who do not sleep during nap or rest periods must not be required to remain lying down for more than one (1) hour maximum, with far less time being encouraged. Quiet activities for school-age children and other children who are not asleep must be provided.

Diapers should be changed when soiled as often as needed throughout the day to ensure that children remain clean, dry, and comfortable.

(591-1-1-.17 Hygiene CCLC / 290-2-3-.11 Health, Safety, and Discipline FCCLH)

For more information and resources, check out the DECAL website at www.dec.al.ga.gov.



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