



Are you actively preventing

Choking Hazards?



Ensure children are seated while eating.

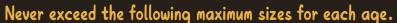
Serve table foods and drinks at the same time.

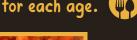
Prior to serving, ensure solid food is cut up in small pieces appropriate for child's eating ability.

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mildren under 4 years:

DO NOT serve food commonly known as choking risks to children under 4 years: peanuts, hot dogs, raw carrots, popcorn, fish with bones, cheese cubes, grapes, and any other food that is of similar shape and size to their throat.





ΨP



Cooked Whole Baby Carrots: Not appropriate for children under 4 years



Cooked Carrot Chunks: Not appropriate for children under 4 years



Toddlers: Cooked Medium Diced Carrots, 1/2 inch



Infants: Cooked Small Diced Carrots, 1/4 inch

So, what size is that?

It's about the same size as these common classroom objects:

Toddlers



Width of a Marker Cap = 1/2 inch

Infants



#2 Pencil Eraser = 1/4 inch

STAY SEATED & WITHIN ARM'S REACH OF CHILDREN 36 MONTHS OF AGE AND YOUNGER AT ALL TIMES WHILE THEY ARE EATING AND DRINKING.