

CACFP Nutrition News

April 2017 | Edition XXVII



• United Fresh Start Foundation Grants Available •



The **United Fresh Start Foundation (UFSF)** is offering grants to organizations interested in increasing children's access to fresh fruits and vegetables outside of school. UFSF is looking to fund creative ways to provide fresh produce to children during the summer months, afterschool, and on the weekends. Learn more about the initiative [here](#). The application to apply can be found at this [link](#).

Applications are due April 20, 2017. If you have questions about the grants program, contact Andrew Marshall, Director of Foundation Programs & Partnerships at amarshall@unitedfresh.org or (202) 303-3400.

• Turnip the Beet Winner! •

Congratulations to CACFP institution Brantley County Board of Education (BOE) for being recognized as a Turnip the Beet Winner! The USDA award program recognizes summer meal sponsors who work hard to serve nutritious and appealing meals during the summer months.

As a participant in the Seamless Summer Option (SSO), Brantley County BOE was recognized as a Silver-level sponsor. Congratulations and thank you for your dedication to child nutrition!

For more information about the Turnip the Beet Awards, visit this [link](#).

• CACFP Budget and Procurement 101 Trainings •



In-person trainings titled "CACFP Budget 101" and "Procurement 101" are now available! Join us for one day to learn, share, and receive technical assistance on budgeting and purchasing practices. Budget 101 training will be held in the morning, and Procurement 101 training will be in the afternoon. You can participate in one or both sessions. Contact Leslie Truman, Division Administrative Assistant, at (404) 657-1779 to register for training.

Training session dates and times are below:

- Wednesday, May 17, 2017 @ Sloppy Floyd Twin Towers (East Tower), 8:30am-4:30pm
- Wednesday, June 21, 2017 @ Sloppy Floyd Twin Towers (East Tower), 8:30am-4:30pm

• Updated Policy Guidance and Memoranda •

Nutrition Services released the following new policy guidance for CACFP institutions:

- Policy Memorandum: [Q&A on the Updated Meal Pattern Requirements for the CACFP](#): Provides an overview of the updated meal pattern requirements for the CACFP with questions and answers. The U.S. Department of Agriculture's (USDA) Food and Nutrition Service (FNS) has collected and answered various questions since the updated meal patterns were published in April 2016. The guidance also provides a side-by-side comparison of key changes between the current meal pattern and the updated meal pattern that becomes effective October 1, 2017.

All CACFP policies and policy memoranda information are available on DECAL's website [here](#) and [here](#).

• Mandatory Updated CACFP Meal Patterns Training •

On October 1, 2017, the new Child and Adult Care Food Program (CACFP) meal pattern requirements will go into effect. To prepare your organization for implementing the changes to the new meal patterns, Nutrition Services will hold several New CACFP Meal Patterns Training sessions. This training is mandatory for all institutions participating in the CACFP.

Two training sessions will be held each day:

- Morning Trainings: 9:00-11:30 am; registration begins at 8:30 am
- Afternoon Trainings: 1:00-3:30pm; registration begins at 12:30pm

There will be several face-to-face training sessions offered. To register for New CACFP Meal Patterns Training, log-in to your [GA ATLAS account](#). Training dates, and locations are below:

- April 25, 2017 – Macon, GA
- May 4, 2017 – Atlanta, GA
- May 24, 2017 – Macon, GA
- June 13, 2017 – Atlanta, GA
- June 21, 2017 – Macon, GA
- July 14, 2017 – Atlanta, GA
- July 28, 2017 – Macon, GA

Institutions/Sponsors can register up to two people to attend a session. The Principal/Program Contact and the person responsible for meal preparation (cooking), shopping, menu development, and/or training other key staff should attend this training. If you want to send additional staff to this training, contact Leslie Truman at (404) 657-1779. If space is available, additional staff will be allowed to attend.

If you need to reset your GA ATLAS password, complete and submit the CACFP Electronic Enrollment/Update Form, which can be found [here](#).

For questions regarding training, contact Leslie Truman at (404) 657-1779.

• Farm to Early Childhood Education: Encourage Healthful Foods •



Children's attitudes and preferences toward food and eating habits develop at a young age. Good eating habits do not just happen – they are learned.

Here are some tips to spark children's interest in food:

- Talk about food throughout the day as well as at mealtime. Discuss different foods with the children – where they come from and what foods children eat at home.
- Before the children sit down for meals, talk about the food that will be served, and ask them to notice the shapes and colors.
- Mix nutrition information with reading, storytelling, and other activities.

For more information on how to encourage healthy eating habits, visit this [link](#).