



**Georgia Dept
of Early Care
and Learning**
BRIGHT FROM THE START

March 8, 2023

Greetings Adult Day Care Providers,

Are you serving adults in the CACFP? Nutrition Services is pleased to offer a **Nutrition Webinar for Adult Day Care Centers.**

Course Description:

This webinar will provide an overview of nutrition education for adults attending day care facilities. Institutions and sponsors will learn:

- nutritional needs for adults,
- creative ways to serve nourishing meals,
- food safety best practices when serving adults,
- tips to reduce sodium & added sugars in CACFP meals,
- guidance for adapting meals to various chewing abilities and
- ideas for incorporating inclusive physical activity with adults of various abilities.

Registration is now open.

Date: Tuesday, March 14, 2023

Time: 10:00 a.m. until 12:00 p.m.

[Click here](#) if you need a refresher on how to register for training in GA ATLAS.

REGISTRATION NOTES:

- After registering in GA ATLAS, you will receive a Training Confirmation email *immediately* from **Georgia DECAL Help Desk - helpdesk@cnpus.com** with a registration link to attend the training in Zoom (**check your spam/junk folder**).
- If you should have an issue with registering, please contact Leslie Truman prior to the day of training.

Please note: Only the Program Contact (PC) can self-register within GA ATLAS. If an additional person will be attending, please contact Leslie Truman, Administrative Assistant, at (404) 657-1779 for assistance.

Regards,

Nutrition Services

Together, we can help feed Georgia's Children & Adults.

This institution is an equal opportunity provider.

Nondiscrimination Statement: English

Nondiscrimination Statement: Spanish



Bright from the Start:GA Dept of Early Care & Learning | 2 MLK Jr. Drive, Atlanta, GA 30334

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