# WIC

### A Special Food and Nutrition Education Program For Women, Infants and Children

### WHO IS ELIGIBLE?

- > A pregnant woman
- > A breastfeeding woman
- A woman who has recently been pregnant
- An infant or a child less than 5 years old

### SERVICES PROVIDED:

- Nutritious foods
- Nutrition counseling
- Breast feeding support
- > Health care referral

## TO BE ELIGIBLE, YOU MUST ALSO:

- Have a low or moderate income AND
- Have a special need that can be helped by WIC foods and nutrition counseling

#### APPROVED WIC FOODS:

 Milk, cheese, eggs, cereals, peanut butter, fruit or vegetable juices, dry beans or peas, iron fortified formula

YOU DO NOT HAVE TO BE ON PUBLIC ASSISTANCE TO APPLY. CALL YOUR LOCAL HEALTH DEPARTMENT FOR MORE INFORMATION.

### **Georgia WIC Program**

Georgia WIC Georgia Department of Public Health 2 Peachtree Street, NW 10<sup>th</sup> Floor Atlanta, GA 30303 Telephone: 1-800-228-9173 Website: <u>http://dph.georgia.gov/WIC</u>

### **INCOME ELIGIBILITY GUIDELINES** (Effective from July 1, 2023 to June 30, 2024)

Household Size	Reduced Meal Income Limits				
	Annually	Monthly	Twice A Month	Every Two Weeks	Weekly
1	26,973	2,248	1,124	1,038	519
2	36,482	3,041	1,521	1,404	702
3	45,991	3,833	1,917	1,769	885
4	55,500	4,625	2,313	2,135	1,068
5	65,009	5,418	2,709	2,501	1,251
6	74,518	6,210	3,105	2,867	1,434
7	84,027	7,003	3,502	3,232	1,616
8	93,536	7,795	3,898	3,598	1,799
For each additional family member add	+ 9,509	+793	+ 397	+366	+ 183

This institution is an equal opportunity provider.