Now Available! The New Interactive Recipe Analysis Workbook (RAW) – A Feature of the New Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool

**Purpose:** The Recipe Analysis Worksheet (RAW) is a tool to help you determine your recipe's expected meal pattern contributions. RAW is not a tool to evaluate dietary specifications for calories, sodium, and saturated fat. It also cannot determine whether the serving size information entered is correct for crediting.

**Other Useful Resources**

Copy and paste the following URL in your browser to go to the Food Buying Guide (FBG) Calculator. [http://fbg.nfsmi.org/](http://fbg.nfsmi.org/)

Copy and paste URL below in your browser to go to Choose My Plate Vegetable Subgroup List to determine the subgroup in which the vegetable ingredient will credit. [https://www.choosemyplate.gov/vegetables](https://www.choosemyplate.gov/vegetables)