

Springtime Activities for Tuesday

On the Move

Puddle Jumping:

Cut out varied sizes of “puddles” using paper or cardboard (even a cereal box can work). Have your toddler jump from puddle to puddle. For added fun and imagination, have your child wear their rainboots and rain gear! Throw pillows, plush toys, or even actual puddles of water are great alternatives for this activity.

Adventures Online

How’s the Weather?

Take a trip to the window or outside and help your child identify the weather for the day. You can sing this song to make it fun and interactive.

<https://www.youtube.com/watch?v=rD6FRDd9Hew>

As you watch the weather outside, try to tune in and respond to what they are looking at, doing, and saying. This will increase your child’s vocabulary and conversation skills.

Sensory Time

Colored Ice Exploration:

Materials Needed:

- Ice Cube Tray or small paper cups
- Food Coloring
- Plastic wrap
- Toothpicks

Instructions:

Put water in the ice cube tray or small paper cups the night before and add food coloring into each cube. Cover the tray or cup with plastic wrap and poke a toothpick in the center. Place in the freezer. The next morning you have colored ice!

Put a piece of white paper on a cookie sheet or tray. Put the colored ice cubes on the paper and let your child draw.

As they draw with the ice cubes, ask your child how the ice feels and tell them how the ice feels to you. Show how to melt the ice. Talk about how the ice gets smaller when it melts.

Other Adaptations of the Activity:

Put some warm water in a water bottle (poke a hole in the top of a bottled water bottle) and have your child squeeze it on the ice cube. Watch what happens. Talk about why the ice is melting. Offer fabric, cardboard, and paper to enhance the sensory experience.

Story Time

Let it Rain Read-Aloud

https://www.youtube.com/watch?v=_pGZDROHpxI

Target Vocabulary Don’t forget to use child-friendly definitions as you introduce new words. And remember, it’s all about exposure to language and keeping words fun, no need to quiz!

- Spring – the time of the year that we are in now, with birds chirping, flowers blooming and warmer weather
- Downpours – when it rains really hard for a while and you can see the rain flow on the ground

- Tilling – when gardeners and farmers turn the soil over to plant seeds which will grow into vegetable plants

Arts and Creativity

Dancing in the Rain:

Materials Needed:

- Scarf, small towel, bandana or other small cloth
- Music (“Rain, Rain Go Away”, “Singing in the Rain” or other rain related songs)

Instructions:

Give your toddler the piece of cloth and show them how to move it up and down like rain falling from the sky. Put the music on and dance with them, moving the scarf like falling rain and swirling it like the wind. You can also incorporate your puddles from the On the Move activity above.