



February 13-19, 2022

#LoveInclusion

	Self- Care Sunday	Marvelous Me Monday	Tremendous TEAMwork Tuesday
Infant Toddler	Bend and stretch together SED3.0b -or- Practice breathing in and out SED3.1b	Sing "I am Special" song and chart individual strengths SED1.0c SED1.1c Bright Idea: Ask each child to choose the next person the class will sing to.	Make beautiful music together CD-CR4.0c CD-CR3.1a CD-CR3.2a Bright Idea: Use hand-over-hand guidance for fine motor assistance.
Preschool	Practice calm down strategies SED3.1b SED3.3b SED3.4b Calming Down with CALi	Draw a self-portrait SED1.4a Bright Idea: Use pre-cut shapes.	Play "Team Egg Drop" CD-CR3.4a Bright Idea: Think about altering the location of the activity so students with adaptive equipment can participate fully.
Staff	Plan time for self-care Headspace for Educators	Play the "Getting to Know You" game Bright Idea: Have a list of questions available for groups to use, if needed.	Play team drawing game Bright Idea: This activity can even be done during a virtual meeting!
Families	Connect with others and create your own wishing well!	Make a "Things I Like" poster or paper and compare common likes	Talk about ways everyone can help around the house Job Chart
Book	Whimsy's Heavy Things by Julie Kraulis	I Like Myself! By Karen Beaumont	Our Class Is a Family by Shannon Olsen



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	Awesome FriendsDay Wednesday	Totally Talented Thursday	Super Friend Friday
Infant Toddler	<p>Make everyone feel like a 'star' at arrival! SED5.0a</p> <p>Make a friendship mural SED5.1b SED 5.2b</p> <p>Bright Idea: Give children brushes or sponges as an alternative.</p>	<p>Imitate movements by playing 'You Did It!' SED1.0c</p> <p>Give out high fives for good jobs or effort! SED4.2c</p> <p>Bright Ideas: 1) Remember to communicate in verbal and non-verbal ways; 2) Recognize and praise adults in the classroom, also.</p>	<p>Make friendship bracelets PDM6.2b</p> <p>Bright Idea: Use a tray to keep materials contained.</p> <p>Play "Hot Potato" PDM5.2b</p> <p>Bright Idea: Practice with different types of balls.</p>
Preschool	<p>Play the "Hula Hoop Game" PDM5.4b CD-CP3.4b</p> <p>Bright Idea: Let children brainstorm ways to include each member of the classroom community!</p>	<p>Host a talent show CDCR2.4C</p> <p>Bright Idea: Before you begin, show the children a short YouTube clip of a child performing in front of their class.</p>	<p>Use props to play doctor SED5.3d</p> <p>Bright Idea: You can encourage role play by inserting yourself in the play story and modeling how they might care for others in a doctor's office.</p>
Staff	<p>Create a team yarn web: Give a compliment as you pass the yarn</p>	<p>Create a shout-out board: Give the adults in your learning environment some praise!</p>	<p>Share "Joys" to begin each day/meeting -or- Play the Minute to Win It game</p>
Families	<p>Send in lunch notes: Tell your child something you admire about them</p>	<p>Play charades: Act out something for your family to guess</p>	<p>Play "That's Me!": Share fun facts with those you love</p>
Book	<p>Stick and Stone by Beth Ferry</p>	<p>The Dot by Peter Reynolds</p>	<p>Stone Soup by John J. Muth</p>