

All About Me Activities for Wednesday

On the Move

Favorite Color Dance Party

Show your love for your favorite color with a dance party!

Materials:

- As many clothing items in your child's favorite color as you can find!
- Music to dance to

Instructions:

1. Assist your child with dressing themselves with as many clothing items as they wish that are their favorite color.
2. Turn on some music and have a dance party that is all about your child and their favorite color!

Adventures Online

Brush Those Teeth

Play a fun game with Sesame Street as you learn how to take care of your teeth. Talk about healthy habits while playing the game with your child.

<https://www.sesamestreet.org/games?id=132>

Sensory Time

Feed Me

It is lunch time, and everybody is hungry.

Materials:

- Doll/play animal
- Lunch for the day
- "Lunch" for doll or play animal (plastic play food)

Instructions:

1. During lunch as you feed your child let them "feed" their doll or play animal.
2. Talk about your child's favorite foods and what they think their doll's favorite foods are.

Story Time

All by Myself

Read along with Little Critter as he shows you all the things, he can do himself in this classic & funny story. Whether he is tying his shoes, coloring a picture, or riding his bike, this is a perfect way to teach children about independence.

Read Aloud: <https://www.youtube.com/watch?v=RpU8enI9reQ>

Arts and Creativity

Paper Plate Self-Portrait

Create a self-portrait of yourself to show who you truly are!

Materials:

- Paper plate
- Crayons/markers
- Yarn/string
- Glue

Instructions:

1. Use your crayons or markers to draw your face inside of the circle.
2. Talk with your child about all their facial features (eyes, nose, ears, mouth, chin, forehead, etc.) and have them draw the facial features to the face.
3. Glue yarn to the top of the plate to create hair.
4. Ask your child where they would like to display their self-portrait masterpiece.