# All About Me Activities for Tuesday

## On the Move

**Family Tree**
Your family sticks together like glue…or sticky contact paper in this fine motor activity.
Materials:
- Contact paper
- Paper
- Crayons/markers
- Family photos

Instructions:
1. Cut out a large tree shape from paper and assist your child in coloring/decorating.
2. Tape the tree shape to the back of a large sheet of contact paper (non-sticky side).
3. Tape the contact paper to a clear wall or window in your home.
4. Cut out members of your family from family photos.
5. Have your child stick the members of your family tree to the contact paper tree.

## Adventures Online

**The Reflection in Me**
Enjoy this heartwarming film sharing themes of love, acceptance & loving you. Create positive phrases with your child to keep them motivated, inspired and helps to promote self-love.

https://www.youtube.com/watch?v=D9OOXCu5XMg

## Sensory Time

**Family Hide and Seek**
Family game time is the best. Ready or not here I come.
Materials:
- Small pictures of family members
- Bin
- Shredded or torn paper

Instructions:
1. Add pictures of family members to the bin.
2. Fill bin with shredded or torn paper.
3. Have your child hunt for pictures of family members & ask your child which family member they found.

## Story Time

**Be Who You Are**
A great book about loving yourself and embracing your uniqueness. Be yourself and be proud of who you are.

Read Aloud: https://www.youtube.com/watch?v=QGkXyT5tMas

| Arts and Creativity |
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| **I Love All of Me**<br>Enjoy this fun & interactive tune that is all about you.<br><br>*I Love All of Me (Tune: I'm A Little Teapot)*<br><br>My hands are for clapping *(clap hands)*<br>My arms can hug tight *(wrap your arms around body and hug yourself)*<br>My fingers can snap *(snap fingers)*<br>Or turn out the light *(turn off light or act it out)*<br><br>My legs are for jumping *(jump up & down)*<br>My eyes help me see *(point to your eyes)*<br>This is my body *(point to yourself)*<br>And I love all of me! *(Hug yourself & smile)* |