

Transportation Activities for Friday

On the Move

Racecar Run

Role play as a famous race car driver...driving as fast as you can!

(An indoor/outdoor activity)

Materials:

- Tape or sidewalk chalk
- Toy cars/trucks

Instructions:

1. Draw or tape a racecar track to the floor or on a concrete area
2. Inform your child that they should race their car from one end of the track to the finish line
3. They can put on a bicycle helmet to pretend they are a racecar driver, if they have one!

Adventures Online

Guess that Vehicle:

Look at the clue and see if you can guess what vehicle it is before it gets big.

<https://www.youtube.com/watch?v=QxoqW84ec-M>

Provide your child with hints and information to help them guess the vehicle.

Sensory Time

Boats Making a Splash

Have fun making waves and splashing around with boats.

Materials:

- One bin
- Water
- Food coloring of your choice
- Child safe boats

Instructions:

1. Put water in the bin
2. Add food coloring
3. Add boats and let your child play. Do the boats sink or float? Add other toys and see what happens with them in the water. Use blocks and make bridges or rivers in the bin for the boats to move through.

Story Time

Elbow Grease

Superstar John Cena reads his new book Elbow Grease, a fun and fast-paced story about the importance of believing in yourself and never giving up. Full of high-octane illustrations, this proves that a little Elbow Grease can go a long way!

Read Aloud: <https://www.youtube.com/watch?v=m9zcgj2hXY>

Arts and Creativity

Make a Boat!

You can make a boat for your child to float in the sink or bathtub!

Materials:

- Cardboard or paper tube
- Duct tape

OR

- Small shallow plastic food tray or container

Instructions:

1. Cut the cardboard tube in half lengthwise. Trim the tube so the sides of the boat are shallow. The higher the sides of the boat, the more it will tip.
2. Duct tape the outside of the tube, this will waterproof the outside. Take a shorter piece of tape and close the open ends.
3. Your boat is ready to float!

Your child can use the homemade boat or plastic container to put toys and other items to “sail” in the boat, or to try to sink it!