

Rainy Day Activities for Thursday

On the Move

Rainbow Crawl

Increase your child's motor skills while exploring the colors of the rainbow.

Materials:

- Colored streamers/paper
- Crayons/markers
- Tape (duct and scotch tape)
- Pool noodle/hula hoop

Instructions:

1. Tear pieces of red, orange, yellow, green, blue, and purple streamers (or color white paper and cut it into long strips).
2. Tape the strips to the inside of the hula hoop/pool noodle.
3. Use duct tape to stand the hula hoop/pool noodle up and attach it to the ground (You will need to use several pieces of the duct tape to make it secure).
4. Have your child crawl through and around the "rainbow tunnel".

Adventures Online

Colors of the Rainbow

Sing and dance to this fun song about rainbow colors. Learn about the colors of the rainbow and do a movement for each color of the rainbow as you follow along with Jack.

<https://www.youtube.com/watch?v=9mruaPDxoEw>

Sensory Time

Dump and Fill

It is so much fun to fill things up and pour it out.

Materials:

- Plastic bottles
- Cotton swabs/craft sticks

Instructions:

1. Put cotton swabs/craft sticks in the bottle.
2. Pour contents from the bottle.
3. Help your child count the items as they put them in or after they get them out.
4. Make it a guessing game by asking your child how many items can fit in the plastic bottle.

Story Time

Rainy Day

A little bit of bad weather is not going to stop the crocodiles from having a good time. With their slickers on and their umbrellas open, Sam, Pam, Will and Jill set out to find some rainy-day fun.

Read Aloud: <https://www.youtube.com/watch?v=DEqYyIE3FYM&feature=youtu.be>

Arts and Creativity

Marker Puppets

Have fun turning old plastic marker caps into puppets!

Materials:

- Marker caps
- Colorful yarn or string
- Tape
- Black pen/markers
- Glue/hot glue gun

Directions:

1. Find your marker caps and start creating your puppet.
2. Use the black pen or marker to create a face, mouth, nose, tail, etc. Let your child be as creative possible.
3. Add the marker puppets to your child's fingers and have your own puppet show.