

Rainy Day Activities for Monday

On the Move

Puddle Jumping

Rain, rain, you can stay...as long as we get time to play!

Materials:

- Paper
- Scissors
- Markers

Instructions:

1. Cut out varied sizes of “puddles” using paper.
 2. Place the puddles across a cleared area of your home (or outside).
 3. Have your toddler jump from puddle to puddle.
 4. For added fun and imagination, have your child wear their rainboots and rain gear.
- Throw pillows, plush toys, or actual puddles of water are great alternatives for this activity.

Adventures Online

Rainy Day Fun

A fun song to talk about what we do and wear on rainy days. Listen to the story and talk with your child about things you can do together on a rainy day.

<https://www.youtube.com/watch?v=sgLRbEc4iSQ>

Sensory Time

Rainbow Tray

Watch the rainbow appear through this fun sand experience.

Materials:

- Cookie sheet/tray
- Paint brush
- Cooking salt/sand
- Sticky tape
- Paper of various colors

Instructions:

1. Cut the paper into strips to fit and cover the base of the tray with the paper in the order of a rainbow.
2. Seal with sticky tape or contact paper where the strips overlap to prevent salt or sand from getting underneath the paper.
3. Cover the paper with a layer of salt or sand.
4. Have your child use the paintbrush to draw or write to see the rainbow appear.

Story Time

Rainy Day Walks

A delightful picture book about a wonderful wet walk. A great introduction to the science of rain to toddlers.

Read Aloud: <https://www.youtube.com/watch?v=av2FP2n2qrg&feature=youtu.be>

Arts and Creativity

Rainy Day Finger Play

Enjoy the fun with these action finger play songs.

Raindrops

Raindrops, Raindrops falling around (*move fingers to imitate falling rain*)

Pitter patter on the rooftops (*tap softly on table or floor*)

Pitter patter on the floor,

Here is my umbrella, it will keep me dry (*hands over head*)

When I go walking in the rain, I hold it up so high. (*raise hands in the air*)

Raindrop, Raindrop

(*Follow the songs cues*)

Raindrop, raindrop turn around.

Raindrop, raindrop touch the ground.

Raindrop, raindrop touch your nose.

Raindrop, raindrop touch your toes.

Raindrop, raindrop hop, hop, hop.

Raindrop, raindrop drop, drop, drop.

Raindrop, raindrop run, run, run.

Raindrop, raindrop sit nearby.

Raindrop, raindrop wave goodbye!