

## Plants and Flowers Activities for Tuesday

### *On the Move*

#### **Pollen Relay**

Work as a busy bee to pollinate flowers, which helps them grow big and strong! (An outdoor activity)

#### Materials:

- Plastic Ice Cube Tray or Medium Plastic Container
- One Medium Bucket or Container
- One Small Cup (like for giving liquid medication) or Eye Dropper
- Water
- Eye Dropper or A Small Cup

#### Instructions:

1. Fill the medium-sized plastic container halfway with water and place it at one end of a clear path.
2. Place the empty ice cube tray or second medium container at the other end of the path.
3. Give your toddler the small cup or eye dropper.
4. Have your toddler fill their small cup or eye dropper with water, run to the other end, and empty the water into the ice cube tray/container.
5. Encourage your child to repeat this process until the first container is empty.
6. Feel free to add food coloring, glitter, or any other toddler-safe materials to the water for added fun!

Talk about how bees and birds take pollen from one flower and bring it to another flower, which helps flowers and plants grow big and strong.

### *Adventures Online*

#### **How Do Plants Grow?**

Join Knowsy Nina as she learns the parts of a flower with her friend. As your child watches the video, extend on the things they say or do providing them with more information about the topic.

<https://www.youtube.com/watch?v=89QRrnnYPNw>

### *Sensory Time*

#### **Sound Station**

Whether indoors or out creating sounds can be lots of fun.

#### Materials:

Pots  
Pans  
Tins  
Spoons  
Sticks

#### Instructions:

Using household items like the ones listed above, create a sound station for your toddler to explore. Set the items up on the floor or a low table and let them explore how to make different sounds and music and how the sounds change as they tap them with their hands, sticks, spoons, and other

objects. Play some music and encourage them to use the items to play along. Play with them and model a simple beat, then pause for your toddler to imitate you. This type of activity teaches them how to tell the difference between sounds (important later for reading) and how to notice patterns (important later for math).

### *Story Time*

#### **Planting a Rainbow**

Read Aloud

<https://www.youtube.com/watch?v=YADiLu92-fs>

### *Arts and Creativity*

#### **Make a Rain Stick**

You and your child can make a rain stick to use for dancing, and it even sounds like rain!

Materials:

- tube from aluminum foil, plastic wrap, or paper towel
- small rocks, beads, or beans
- paper
- duct tape, masking tape, or packing tape

In the center of plastic wrap, aluminum foil or a paper towel is a tube that your child can use to make a rain stick!

1. Cover one end of the tube with paper then cover the paper with tape. Cover the whole piece of paper so that none of it shows.
2. Add small objects to the open end of the tube with your child-you can count them out loud as you and your child add them.
3. Close the open end with paper and seal with tape.
4. Make sure that both ends are sealed tightly so that objects don't fall out of the tube.
5. Use the rain stick to make a rhythm. You can use music if you like or make your own.

Ask your child questions like, "Does it sound like rain?" "Can you make the beat faster? Now let's make it slower."