

## Plants and Flowers Activities for Friday

### On the Move

#### **Dandelion Walk**

This I-spy style nature walk helps your toddler identify and label objects within their natural environment.

Materials:

- Photo of a dandelion or an actual dandelion
- A safe area to walk and explore nature

Instructions:

1. Show your toddler a photo or a real dandelion flower.
2. Explain to your child that you are going on a dandelion walk.
3. As you walk, have your toddler point out dandelions along your path.
4. You can discuss the color of the flower, how it feels, and even pick some along the way!
5. Compare it to other flowers- which is bigger, which is smaller, what color are they.

### Adventures Online

#### **Grow Little Seed, Grow!**

Dance along with the music as you learn about how a seed grows into a plant.

<https://www.youtube.com/watch?v=GTQuEZNp5Ds>

### Sensory Time

#### **Garden Orchestra**

Discover the sounds of nature with a sound scavenger hunt outside.

Instructions:

Take a stroll around your yard, neighborhood, park or garden. What can you hear? Birds? Bees? Frogs? What about lawnmowers? Talk about the many things that make noise in the world outside.

### Story Time

#### **Plant the Tiny Seed**

Make the garden grow with your hands! Let's see how tiny seeds bloom into beautiful flowers along with buzzing bees, curious hummingbirds, and colorful butterflies.

<https://www.youtube.com/watch?v=JYMgUvgs-D4>

### Arts and Creativity

#### **Painting with Nature**

Your child can explore plants by painting with them!

Materials:

- Paper or cardboard or concrete outside
- Non-Toxic paint or water and food coloring
- Leaves, weeds, pine needles, dandelions.

Instructions:

1. Collect leaves, stems, sticks, flowers and anything else that seems sturdy enough to paint with from outside. Your toddler can help, or you can do this ahead of time.
2. Put the food color and water or the non-toxic paint in small shallow bowls.

3. Show your child how to use the natural items that you collected to paint on the paper, cardboard, or concrete outside.
4. Talk to your child while you paint. Say things like “you are painting with the flower’s stem!”