

	Monday Activity link	Tuesday Activity link	Wednesday Activity link	Thursday Activity link	Friday Activity link
On the Move	<u>Full vs. Empty</u> <u>Scoop</u> Explore the difference between full and empty.	<u>Big & Little</u> <u>Balls</u> The concept of big vs. little is examined in this fine motor skill activity.	<u>Wet & Dry</u> <u>Toss</u> The wet and dry items are all mixed up, help us sort them!	<u>Fast & Slow</u> <u>Race</u> This race is a fun mix of fast and slow, two extreme opposites.	<u>Sink or Float</u> <u>Experiment</u> Will it sink, or float? Let's find out!
Adventures Online	<u>Opposite Words</u> Learn about opposites and explore your emotions.	<u>Zoe & Elmo's Opposites</u> Learn about opposites in this fun Sesame Street video.	<u>Same & Different</u> Help your child sort items that are different in this interactive video.	<u>Opposites Song</u> Sing along with The Learning Station as you learn what's opposite.	<u>Opposite Moves</u> Learn about opposites while doing the movements in the video.
Sensory Time	<u>Texture Walk</u> Is it soft or rough? Bumpy or smooth?	<u>Fruit Salad</u> Snacking on fruit is always a sweet treat. Or is it sour?	<u>The Sounds of My World</u> Step outside. What does your world sound like?	<u>Bubbles</u> Popping bubbles is so much fun. Are they wet or dry? Big or small?	<u>Moon Dough</u> Is it lumpy or smooth? Warm or cold?

<p>Story Time</p>	<p><u>Spot's Opposites</u></p> <p>From hot to cold and up to down, learning about opposites is so much fun!</p>	<p><u>Big Dog, Little Dog</u></p> <p>Fred & Ted are the best of friends and complete opposites.</p>	<p><u>Opposites</u></p> <p>Learn all about opposites from the mischievous Hairy Maclary and friends.</p>	<p><u>Big Bear, Small Mouse</u></p> <p>Join Bear & Mouse as they spot all the opposites in their little glen.</p>	<p><u>Eric Carle's Opposites</u></p> <p>Short and tall, big and small, over and under...there are so many opposites to explore.</p>
<p>Arts and Creativity</p>	<p><u>Left & Right</u></p> <p>It's so much fun exploring our left from our right.</p>	<p><u>Opposite Finger Play</u></p> <p>Get on board with opposites in this fun finger play.</p>	<p><u>Simon Says</u></p> <p>Get creative with a game of Simon Says with opposites.</p>	<p><u>My Book of Opposites</u></p> <p>Create your own book of opposites.</p>	<p><u>Happy & Sad</u></p> <p>Uncover your emotions with your own happy & sad mask.</p>