

## Ocean Activities for Tuesday

### On the Move

#### Crab Run

Have you ever wondered what it's like to be a crab? Well here is your chance!

Materials:

- A cleared space in your home or outside

Instructions:

1. Have your toddler get into crab position by lying flat on their back and lifting themselves off the ground using their hands and feet.
2. Then, instruct them to "crab crawl" from one end of the space to the other.

### Adventures Online

#### Ocean Emotion with Elmo

Talk with Elmo about emotions and feelings.

<https://www.sesamestreet.org/videos?vid=2067>

### Sensory Time

#### Making Waves

Watch the waves roll in and out in this ocean sensory bottle.

Materials:

- Clean empty bottle with a lid.
- Water
- Baby oil or oil of your choice
- Blue food coloring
- Optional- glitter & seashells
- Glue or tape

Instructions:

1. Fill bottle 2/3 of the way with water
2. Add a few drops of food coloring until you reach desired shade of blue
3. Add optional shells and glitter
4. Fill the rest of the way with water.
5. Secure lid with water-proof and child safe glue or with tape

### Story Time

#### Bathtub Fishing

Pick a fun book about Sea creatures or the ocean, then go fishing during bath time!

Materials:

- Toy Boats
- Sea creatures
- Toy Fish (you can use the sponge fish from On the Move yesterday!)
- Bubble bath

Instructions:

1. Pick a fun book about Sea creatures or the ocean.
2. Fill the tub with fun ocean toys, water and bubbles.
3. Read the book while your child is in the tub playing.
4. Help them find the toys under the bubbles and identify what they are. Talk about what they see in the book and what they see in their bathtub!

## *Arts and Creativity*

### **Fishy Songs and Fingerplays**

You can teach your toddler these fun ocean songs and fingerplays!

#### ***Once I Caught a Fish Alive***

1, 2, 3, 4, 5, (raise one finger at a time until all five fingers on one hand are raised)

Once I caught a fish alive,

6, 7, 8, 9, 10, (raise fingers on your second hand one at a time)

Then I let him go again.

Why did you let him go?

Because he bit my finger so.

Which finger did he bite?

This little finger on my right. (wriggle right pinky finger)

#### ***Five Little Seashells***

Five little seashells, (hold up five fingers)

Sleeping on the shore,

Swish went a big wave, (swish a wave with second hand)

Then there were four! (tuck one finger down)

Four little seashells, (hold up four fingers)

Quiet as can be,

Swish went a big wave, (swish a wave with second hand)

Then there were three! (tuck one finger down)

Three little seashells, (hold up three fingers)

Pearly, white and new,

Swish went a big wave, (swish a wave with second hand)

Then there were two! (tuck one finger down)

Two little seashells, (hold up two fingers)

Having great fun,

Swish went a big wave, (swish a wave with second hand)

Then there was one! (tuck one finger down)

One little seashell, (hold up one fingers)

Lying in the sun,

Swish went a big wave, (swish a wave with second hand)

Then there were none! (tuck all fingers down)

And of course...don't forget "Baby Shark!"

