

Family Activities for Friday

On the Move

Mommy & Me Dance Party

Celebrate Mother's Day a little early with your leading lady.

Materials:

- Music
- A clear open space
- Scarves, hats, or other costume items for a dance party

Instructions:

1. Dress up for the party!
2. Turn on the music and dance around a safe area with your mom to your favorite songs!

Adventures Online

Family Song

Sing along with this song about families!

<https://sesamestreetincommunities.org/activities/the-family-song/>

Sensory Time

Make a Mother's Day Card

Happy Mother's Day to all the amazing Moms out there!! Make a card to say how much you appreciate her.

Materials:

- Paper (newspaper, mail flyers, etc)
- Multiple colors of child safe paint
- Plain paper folded in half like a card

Instructions:

1. Ball up several pieces of paper
2. Have your toddler dip in the paint
3. Press the ball on the front of the folded paper

Talk to your toddler about who they are making the card for, what they mean to them, and what they are making. Then, after the paint dries, have your toddler dictate a message that you write on the inside of the card.

Story Time

Everything is Mama

Jimmy Fallon hosts an interactive story time for kids of all ages as he reads aloud his children's book "Everything Is Mama." Note where Jimmy expands on point, asks questions, and interacts with children throughout.

Read Aloud:

https://www.youtube.com/watch?v=_p5VY0VJpi4

Arts and Creativity

Family Campout

You don't need to travel, or even go outdoors to enjoy a fun family camping trip!

Materials:

- Blankets or sheets
- Flashlight
- Bowl or bucket
- Colored paper

Instructions:

1. Use the blankets or towels to make a “tent” with your toddler by draping them over furniture and chairs.
2. Place the colored paper in the bowl and pretend that the bowl or bucket is the “campfire.”
3. Read stories with the flashlight in your “tent”.

Ask your toddler what they would like to do, would they like to go on a hike, or explore the “campground?” Use your imagination with your toddler, the possibilities are endless!