

Fall Activities for Tuesday

On the Move

Ring Around the Pumpkins

A fall-themed twist to a popular nursery rhyme.

Materials:

- Paper Plates
- Markers

Instructions:

1. Draw jack-o-lantern faces on 8-10 paper plates.
2. Lay the pumpkins out on the floor in a circle.
3. Ask your toddler to sing "Ring Around the Pumpkins" (to the tune of Ring Around the Rosie) as they jump from plate to plate.

Adventures Online

Seasons in the Grand Canyon

Explore the Grand Canyon & the four seasons especially Fall!

<https://www.sesamestreet.org/videos?vid=1624>

Sensory Time

Nature Walk

Every day is a great day for a walk.

Materials:

- Container for collecting fall items

Instructions:

1. Go outside and take a walk around your neighborhood, park, or backyard.
2. Collect fall items (leaves, twigs, branches, acorns, etc.) during your walk.
3. When you return home, clean the items to prepare for sorting.
4. Sort through the items and talk about the colors and textures you see and feel.

Story Time

Fresh Fall Leaves

There are so many things we can do with fallen leaves. Enjoy this story as two children take backstage to the beauty of nature and fall leaves to run, jump and play in.

Read Aloud: https://www.youtube.com/watch?v=it5ovLY_-xU

Arts and Creativity

Leaf Rubbing

This fun activity will help you see all the parts of a leaf.

Materials:

- Paper
- Crayons

- Leaves

Instructions:

1. Go on a nature walk outside and find a variety of leaves.
2. Once you gather all the leaves, place your leaves on a flat surface.
3. Place your paper on top of the leaves.
4. Gently rub a crayon onto the paper, creating an impression of the leaf.
5. Remember no two leaf rubbings will be the same so make sure to talk to your child about the similarities and differences as you enjoy your leaf impressions.