

Dinosaurs Activities for Monday

On the Move

Tricera-Toss

Triceratops are known for their three horns, but who knew they could be so much fun?

Materials:

- Paper
- Scissors
- Markers
- Plastic cups
- Tape
- Paper plates

Instructions:

1. Draw and cut out a large triceratops face (Have your child assist with coloring/decorating).
2. Tape three plastic cups to the face (two above the eyes and one near the nose).
3. Cut out the center of several paper plates to make rings (Remember to color/decorate these as well).
4. Have your child toss the rings and attempt to land them over the cups.

Adventures Online

Dinosaur Alphabet

Can you say the dinosaur's name? Meet all the dinosaurs from A-Z, learning the alphabet & watching them dance to the funky dinosaur song. Help your child pronounce each dinosaur name as they sing along.

<https://www.youtube.com/watch?v=0XP6rlhupaw>

Sensory Time

Walk Like a Dinosaur

Let's move like a dinosaur making small & large steps. What's your favorite move to imitate?

Materials:

- Upbeat music of your choice
- Open area for movement (inside or outside)

Instructions:

1. Turn on the music and imitate the movements of your favorite dinosaurs.
2. Make small & large steps and encourage your toddler to make big steps as a four-legged dinosaur.

Story Time

All About Dinosaurs

This simple but informative book brings the fascinating world of dinosaurs to life for your toddler.

Read Aloud: <https://www.youtube.com/watch?v=GafVffqmBp0>

Arts and Creativity

Stuffed 3-D Dinosaur

A dinosaur will look larger than life with this 3-D dinosaur.

Materials:

- Any thick paper
- Scissors
- Stapler or glue
- Crayons, paint, or markers to decorate the dinosaurs
- Newspaper or tissue paper to stuff the dinosaurs

Instructions:

1. Choose the type of dinosaur(s) you and your toddler would like to make. As you decide on what dinosaur to create talk to your child about dinosaur body shapes differ by species. Compare the long-legged meat eaters (Tyrannosaurus Rex) to the short legged, slow moving plant-eaters (Stegosaurus)
2. Assist your toddler with making two identical dinosaur tracings, using two pieces of paper.
3. Cut out the dinosaur you've chosen.
4. Staple/glue around the edges, leaving a hole large enough to stuff the dinosaur
5. Decorate both sides of the dinosaur, adding eyes, nostrils, teeth, etc., using crayons, markers or paint.
6. Stuff the dinosaur with crumbled newspaper, scraps of paper, or tissue paper.
7. Staple/glue the remaining hole shut, and you have created your own three-dimensional dinosaur.