

Community Helpers Activities for Monday

On the Move

Mail Sorting

The mail carrier needs your help...the mail is all mixed up!

Materials:

- Empty Cereal or Tissue Boxes
- 2 Different Colors of Paper
- Tape or glue

Instructions:

1. Tape or glue two different colors of paper to the sides of two separate, empty boxes (be sure to leave the tops clear and open).
2. Create "mail" by cutting out 4-5 rectangles of each color of paper from the boxes.
3. Set up the two cereal boxes at one end of a cleared area.
4. Place the envelopes into a basket or pile on the opposite end.
5. Have your child race to the box that matches the color of the mail they select and place it inside.
6. Then run back to the beginning and repeat until all of the mail is sorted.

Adventures Online

Community Helpers

Annie & Moby Learn about what makes a community and the helpers in their community.

<https://www.youtube.com/watch?v=l8xbgh76K2g>

As you watch the video expand on what your child comments on and provide them with additional information about the things that interest him/her.

Sensory Time

Mail Carrier

It doesn't matter if there's rain, sleet, or snow the mail must go through.

Materials:

- Empty tissue or wipes box/container
- Junk mail, pretend mail from the activity above, small toys that will fit into box or container.

Instructions:

1. Let your child put "mail" in the box and then take it out.
2. Let them also discover other child safe items that will fit in the box.

Story Time

Thank You!

Create a thank you book or card for a local community helper.

Materials:

- Paper
- crayons
- paint
- collage materials

- markers
- glue
- Stapler

Instructions:

Talk about the community helpers you see in your daily life: your mail carrier, a policeman, fire fighter, trash collector, grocery store worker, construction worker, repairman, nurse, doctor, etc.

Create a book to thank them for all they do to keep your community safe and running smoothly.

1. Fold a piece of paper in half on the long side to make a booklet. If your book has more than one piece of paper, you can staple down the fold to keep them together.
2. Ask your child to draw pictures on each page, or you can cut out photos or pictures from mail flyers, magazines, and other places and have your child glue them on the paper booklet. Then ask your child to dictate to you what they want to say to the community helper. You write their words as they say them.
3. Deliver the card or booklet to the community helper, practicing safe social distancing, of course!

Arts and Creativity

Staying Safe Song!

Your toddler will learn how to stay safe with these fun songs!

Dial 911

(Sung to the tune of The Wheels on the Bus)

If you are in trouble dial 9-1-1

9-1-1, 9-1-1,

When you are in trouble dial 9-1-1 and helpers will quickly come!