

Animals Activities for Friday

On the Move

Polar Bear Obstacle Course

Hop like a polar bear from one iceberg to another and safely get to the finish line by avoiding the icy water below!

Materials:

- Several large pillows, couch or seat cushions, pieces of paper or cardboard.
- A large, clear area in your home.

Instructions:

1. Lay out your couch cushions in close proximity, designating a starting and end point.
2. Instruct your toddler to hop from iceberg to iceberg until they reach the finish line.

Adventures Online

Bring It Down

Things are bound to get tense at times, specially during a pandemic. This relaxing video from Gonoodle is a great way for the whole family to relieve tension and deflate stressful moments.

<https://family.gonoodle.com/activities/bring-it-down>

Sensory Time

Fun with Tape

Tape small toys to a counter, window or floor and have your toddler pull them up to discover who's under the tape! Allowing children to play with tape helps them to develop their pincer grip which they will later use to tie their shoes and writing.

Materials:

- Toddler safe items/toys
- Tape (masking tape, painters tape, duct tape)
- Tape safe surface

Instructions:

Tape the toddler safe items/toys to your tape safe surface and allow your toddler to remove. Talk about what was hidden and what they are.

Story Time

Brown Bear, Brown Bear What Do You See?

Read Aloud. Encourage your toddler to repeat the words as they read the book.

<https://youtu.be/WST-B8zQleM>

Arts and Creativity

Teddy Bear Picnic

Make snack time or lunch time more creative with your child's furry friends!

Materials:

- Stuffed Animals
- Blanket, sheet or towel
- Healthy Snacks or lunch

Directions:

For a fun activity, your child can enjoy lunch time or snack time having a picnic with their stuffed animals. You can have the picnic inside or outside! For added fun, you can play the song “Teddy Bear Picnic” on your device or phone.