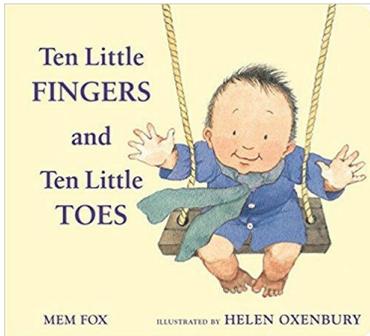




# SEEDS for Story Time

## Promoting Social Emotional Development Through Books



### ***Ten Little Fingers and Ten Little Toes***

By Mem Fox

**A**s everyone knows, nothing is sweeter than tiny little baby fingers and chubby baby toes. This gorgeously simple picture book celebrates baby fingers and baby toes and the joy they- and the babies they belong to- bring to everyone, everywhere. The rhythmic and rhyming text will make you want to read this book over and over again. (Ages 1-3)

### Introducing this book to young children:

Before reading the book, teach children this poem and corresponding actions

#### ***Ten Little Fingers***

*I have ten fingers  
And they all belong to me,  
I can make them do things-  
Would you like to see?  
I can shut them up tight  
I can open them wide  
I can put them together  
I can make them all hide.  
I can make them jump high  
I can make them jump low  
I can fold them up quietly  
And hold them just so.*



**CLL2.0a**

As you introduce the book and title, point to the baby's fingers and toes. Have children wiggle their fingers in the air and point to their toes. Continue with different body parts, point to the cover of the book, and allow children time to identify their corresponding body part. Model by pointing to your own body to further support all children



**SED1.0a**

If you are reading the book to a small group of toddlers, give each child a doll or stuffed animal to hold in their lap. As you read the book, assist them in pointing to the baby's fingers and toes. Make sure you have a doll or stuffed animal to model kissing, hugging, and loving! This is a great opportunity for toddlers to imitate loving and caring interactions.



**SED4.0c**

# SEEDS for Story Time

Repeated readings of the same book provides opportunities for toddlers to develop a sense of competence and confidence. Children learn to point at and label pictures, turn pages, discuss the story, and make predictions of what will happen next, while learning new words and relating the story to their own experiences. Read *Ten Little Fingers and Ten Little Toes* for several days in a row and use some of the ideas, activities, and teaching opportunities listed below to enhance social and emotional skills.



## GELDS Activity Spotlight

### Daily Routines

During routine care and play, recite the rhyme, “Here are your fingers, here are your toes. Here is your chin and here is your nose.” As you say the rhyme point to each of the body parts. As infants develop you can add other body parts such as ears, eyes, cheeks, and tummy. [SED1.0a](#)

### Centers

Create a matching game for the children to play. Using different color markers, trace, and color each child's hand on paper plates. Give each child a plate, play some music and encourage the children to find a color match. Do this several times. Afterward, turn all the plates face down. Now you have a big memory game that a few children can play together. [SED5.2b](#)

### Math

With a small group of children, count and compare socks. Gather several pairs of colorful socks. Show them to the children and talk about the colors and other features, such as stripes or characters. Have the children help you match the socks. Then count each pair, saying, “Look at the red socks. Let’s count them. One sock, two socks.” [CD-MA2.1a](#)

### Art

Provide individual, unbreakable mirrors. For infants, you may have mirrors attached to the wall close to their play area. Encourage children to explore looking into the mirror. Use descriptive words to talk with them about what they see. [APL4.3a](#)

## Focus on Family

Families can recite the following finger-play to help children develop a sense of self. [SED1.2a](#)

*In this whole wide world (make a circle with arms)*

*I can clearly see (Put fingers around eyes, looking through)*

*There is only one you (point to one another)*

*And there is only one me (point to self)*



Families can trace each person’s hands and feet onto paper and cut them out. Talk about how they are similar and different. Encourage older toddlers to sort them by size or color. [SED5.2b](#)