

	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p><u>Why We Go to the Dentist</u> Talk about the book and discuss what the dentist does. Ask, “What are some of the tools that the dentist uses?” Together, make a list of the dentist’s tools.</p>	<p><u>The Tooth Book</u> After listening to the story, ask, “What are ways that we use our teeth? What characters/ animals did you see in this story?”</p>	<p><u>Pete the Cat and the Lost Tooth</u> Ask, “Have you lost any teeth yet? If so, how many? If not, how many do you think you will lose this year?”</p>	<p><u>How to Catch the Tooth Fairy</u> Ask your child, “How would you catch the Tooth Fairy?” Provide paper for him to draw a picture of the trap he would design to catch the tooth fairy.</p>	<p><u>Just Going to the Dentist</u> Talk about the book and discuss ways your child can take care of her teeth.</p>
Phonological Awareness	<p>What is it? Have your child closes her eyes, while you find something around the house that makes a noise. See if she can correctly guess the source of the sound she hears. Repeat with other noisemakers.</p>	<p>Practice rhyming by playing the <u>Name Game</u> using the names of friends and family members: “Karen, Karen, Bo-baren Banana Fanna Fo-faren Mee, my, mo, Ma-ren ...KAREN!”</p>	<p>Cotton Ball Toss Give your child 5-7 cotton balls. Direct her to toss a cotton ball for each word in a sentence. After you read a 5–7-word sentence, help her count the cotton balls she tossed to see how many words were actually in the sentence. Repeat with other sentences.</p>	<p>Clap the syllables in the words from the grocery list created during Wednesday’s motor skills activity. (ba-na-nas, a-pples)</p>	<p><u>Let’s Make Words with Jack Hartmann</u> Practice blending words together with this onset and rime blending song. Jack says the beginning sound first, the ending sound next, and then blends the sounds together to make the word.</p>
Music & Movement	<p><u>Purple Stew</u> <u>Banana, Banana, Meatball</u></p>	<p><u>Healthy Foods</u> <u>Herman the Worm</u></p>	<p><u>Go Bananas</u> <u>I'm a Gummy Bear</u></p>	<p><u>Milkshake</u> <u>Lunch</u></p>	<p><u>Tooth Brushing Song</u> <u>Pizza Man</u></p>
Math & Science	<p><u>Dental Health Science Teeth Experiment</u> Display the pictures and discuss the experiment or do it yourself! Using 2 eggs from the fridge, soak one in a dark liquid overnight. Encourage your child to make a prediction; ask, “What do you think will happen to the egg?”</p>	<p>Continue the science experiment begun on Monday: Take the egg out of the dark liquid. Have your child describe his observations; ask, “What happened to the egg?” Discuss how that relates to dental health and the importance of brushing teeth.</p>	<p><u>Healthy Teeth Sort</u> Print (or display these pictures on your device) and ask, “Which foods are good for your teeth? Which foods are bad for your teeth? Why do you think that?”</p>	<p><u>Silverware Patterns</u> Provide eating utensils for your child to create a pattern. For Example: AB- Spoon, Fork, Spoon, Fork, Spoon, Fork. ABB- Fork, Spoon, Spoon, Fork, Spoon, Spoon, Fork, Spoon, Spoon.</p>	<p><u>Roll and Count</u> Have your child roll a pair of dice (or just one die) and then collect and count that many household items to match the die. For Example: With a die I roll the number 6. Then I collect and count 6 Legos.</p>
Motor Skills	<p>Allow your child to use <u>playdough</u> to form the letter Dd. Challenge her to make as many letter D’s and d’s as she can. Next, help her make all the letters to spell her name.</p>	<p>Using a pair of kitchen tongs or tweezers, tell your child to pick up and move marshmallows (or cotton balls or another small object) from one bowl to another.</p>	<p>Ask your child to write out a grocery list of foods that are healthy for her teeth. Encourage her to draw pictures or write the letters of the sounds she hears for each item. Save the list to use for Thursday’s Phonological Awareness activity.</p>	<p>Divide a paper in half, on one side have your child draw a healthy tooth and on the other side have him draw an unhealthy tooth. Allow him to cut pictures of food items from sales papers or magazines and glue to the appropriate side.</p>	<p>Have your child practice flossing and brushing her teeth independently, while replaying the “<u>Tooth Brushing Song</u>” by Blippi. *Be sure to supervise and give directions as needed.</p>
Social & Emotional	<p>Throughout the week, play this <u>Kindness Bingo</u> game. Print or display on your device, so that your child can select an act of kindness to perform each day. Consider making it a competition with all the people in your household!</p>	<p>Together, make a list of things that your family can do to make someone else happy. Help your child select one way he can show kindness today.</p>	<p><u>Feelings Matching Game</u> Print, or draw pairs of pictures of the emotions shown in the link, to play a memory matching game. Discuss how you think the children are feeling based off their expressions.</p>	<p>Practice the <u>Breathing Exercises</u> described in this link. Discuss situations your child may choose to use one of these breathing techniques to calm himself down.</p>	<p>Review the <u>Kindness Bingo</u> game. How many squares did each member of your family complete? Who in the household got the most? Ask, “Which act of kindness was YOUR favorite?”</p>