



	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p><u>Pete the Kitty's First Day of Preschool</u> Talk with your child about what materials he will need to bring on the first day of school. Talk about what he will do with his blanket/backpack.</p>	<p><u>Boomer Goes to School</u> Talk about what it means to share. Practice asking for a turn with your child and letting another person have a turn.</p>	<p><u>Pete the Cat: Rocking in My School Shoes</u> Point out all the areas in the book that might be at your child's new school. Ask, "What are you most looking forward to doing on your first day?"</p>	<p><u>Chicka Chicka Boom Boom</u> Work with your child to write her name on the items belonging to her like her lunchbox, bookbag, etc. This is a great activity to help her recognize her name. Point out the first letter in your child's name in the book.</p>	<p><u>Don't Let the Pigeon Drive the Bus</u> Talk with your child about how he will be getting home at the end of the school day. If he will be riding the bus, talk with your child about bus safety.</p>
Phonological Awareness	<p>Play Copy Cat. Practice following directions by having your child mimic what you do or say (examples: snap twice, moo like a cow, stomp once).</p>	<p>Play guess that sound in your home. Have your child close her eyes and guess the sounds that you are making (closing a door, shaking a jar, opening the refrigerator, etc.).</p>	<p>Go on a sound hunt around your home and neighborhood. Have your child name all the sounds he hears around him.</p>	<p>Play musical statues. Put on a favorite song and dance. Dance along with your child until you stop the music and then everyone freezes like a statue.</p>	<p><u>Can You Guess What Song? Listening Game For Children</u> Have your child guess what song is being hummed.</p>
Music & Movement	<p><u>Go Bananas Stand Up, Sit Down</u></p>	<p><u>Fast and Slow The Dance Freeze Song</u></p>	<p><u>BINGO If You're Happy & You Know It</u></p>	<p><u>If You're Wearing Jump High</u></p>	<p><u>Wheels on the Bus There Was a Little Turtle</u></p>
Math & Science	<p>Make 2D (flat) shapes with popsicle sticks, pipe cleaners, or pretzel sticks. Talk with your child about how many sides each shape has.</p>	<p>Have your child help you sort the laundry for your family. Ask her how she knows each piece of clothing goes with each family member? Practice matching socks.</p>	<p>Read <u>Coughing, Sneezing, and More.</u> Talk with your child about how to stay healthy and how/when to wash his hands.</p>	<p>Have your child roll <u>playdough</u> into balls. Challenge her to roll out 10 balls. Have her practice touching each playdough ball as you count it together.</p>	<p>Go on a color hunt in your home. Put all the items you collect in a pile and help your child sort them by color.</p>
Motor Skills	<p>Find a pair of kitchen tongs. Challenge your child to pick up larger items (rolled up socks, empty water bottles, small stuffed animals) and small items (pieces of pasta, pom poms, Cheetos, etc.).</p>	<p>Allow your child to practice transferring small items (small blocks, rocks, bottle cap lids) into a muffin tin using a spatula or spoon.</p>	<p>Practice ripping (a pre-cutting skill) paper. Give your child an old newspaper/magazine/junk mail and let him practice tearing it into small pieces.</p>	<p>Play the cotton ball race. Use a turkey baster and practice squeezing the turkey baster to blow a cotton ball across the table. See who can get the cotton ball across first!</p>	<p>Have your child roll playdough into different size balls (large, medium, small). Tell him to smash them like a pancake. Repeat!</p>
Social & Emotional	<p>Read <u>I Like Myself.</u> Ask your child what makes him special. Talk with your child about your favorite things about him.</p>	<p>Practice independence skills. Have your child practice putting on and taking off a jacket, and putting on, taking off, and zipping her backpack.</p>	<p><u>What is Social Distancing?</u> Talk with your child about what social distancing is and why it is important. Discuss how that might look at school.</p>	<p><u>I Can Handle It</u> After listening to the story, discuss the issues Sebastian faced and the many ways he chose to handle them. Help your child think of ways she can handle frustrations as well.</p>	<p><u>Separation Anxiety</u> Talk with your child about what drop off will look like at school. Name emotions your child might feel. Talk about ways that you can help him feel better.</p>

Post pictures of you and your child learning together using #gaprekathome