



	Monday, November 16 th	Tuesday, November 17 th	Wednesday, November 18 th	Thursday, November 19 th	Friday, November 20 th
Literacy	<p><u>The Little Red Hen Makes a Pizza</u> Ask your child to assist in creating a shopping list of the foods that are needed to be purchased on your next trip to the store. Have him copy the names of food items from labels cans and boxes onto the list.</p>	<p><u>Where Does Our Food Come From?</u> Ask your child to pretend to be a farmer by moving like she is planting and watering the seeds, driving the tractor, buying the food at the store, and cooking the food to eat. Read a recipe your family likes together. What is the source of each ingredient?</p>	<p><u>Oliver's Fruit Salad</u> Help your child make a <u>mobile</u> of his favorite foods by using a clothes hanger, paper, and string. On individual pieces of paper ask your child to draw a picture of one of his favorite foods. Write his description of the drawing, saying the words as you write them, and attach the pieces of paper to the clothes hanger with the string.</p>	<p><u>Ten Apples Up On Top</u> Using rubber bands or bread/garbage bag ties ask your child to make her own unique creation. When she finishes, ask her to tell you about her creation. Write what she says on paper as she watches, saying the words as you write them.</p>	<p><u>Spoon</u> Have your child retell the story using plastic spoons, knives, forks and chopsticks. Extend by allowing him to make puppets out of the utensils with markers or crayons to draw faces. Encourage him to put on a puppet show.</p>
Phonological Awareness	<p>Ask your child to touch his nose every time he hears the word "buns" when you read: Hot cross buns! Hot cross buns! One a penny, two a penny, Hot cross buns! If you have no daughters, Give them to your sons One a penny, Two a penny, Hot Cross Buns!</p>	<p>Ask your child to echo each line after you and make the sounds of the animals. We're on the way. On the way to Grandpa's farm (echo). Down on Grandpa's farm there is a great big cow. (echo) The cow, she makes a sound like this...MOOOOOO! (echo). Repeat with a variety of animals and animal sounds.</p>	<p>Ask your child to listen to each sentence and name the words that begin with the /b/ sound:</p> <ul style="list-style-type: none"> Betty Botter bought a bit of butter. The big, bad bear scared all the baby bunnies by the bushes. The boy buzzed around as busy as a bee. Bake a big cake with lots of butter and bring it to the birthday bash. 	<p>Fill three glasses that are about the same size with different amounts of water. Ask your child to tap a spoon against the glasses one at a time and listen and compare the sound each glass makes. Are the sounds made by the tapping of the glasses the same or different? How are the sounds similar or different?</p>	<p>Ask your child to listen to each sentence and name the words that begin with the /k/ sound (may begin with c or k):</p> <ul style="list-style-type: none"> Care for a cup of coffee from a copper coffee pot? Come and clean the chaos in your closet. Kim came to help us cut out a colorful kite for Chris.
Music & Movement	<p><u>Five Fat Turkeys</u> <u>Watch the Letters Get Down</u> <u>Farmer Plants the Seeds</u></p>	<p><u>Turkey Dance Freeze</u> <u>If You're Thankful and You Know It</u> <u>The Planting Song</u></p>	<p><u>Powwow</u> <u>Turkey Hokey Pokey</u> <u>A Pizza Hut</u></p>	<p><u>Turkey Hop</u> <u>A B C Kick Box</u> <u>Good Foods</u></p>	<p><u>Thanksgiving Feast</u> <u>Body Boogie Dance</u> <u>A Healthy Meal</u></p>
Math & Science	<p>Watch <u>Grow Little Seed Grow</u> and ask your child to draw a picture of a seed, then a sprout, and a plant. Ask him what food will grow from his plant?</p>	<p>Ask your child to identify the numbers on food packages in your cupboard. Make comparisons of the amounts in each container (i.e. a gallon of milk holds more than an 8-ounce bag of cheese).</p>	<p>Ask your child to predict what will happen when a crayon is heated? Together, remove paper from old broken crayons and place in an old muffin tin in the oven at 275 degrees for 7-8 minutes (until melted). Once cooled, provide paper for your child to draw on with the melted crayons. Ask him to think back to his prediction: Was he correct?</p>	<p>Review <u>My Healthy Eating Plate</u> with your child. Ask her to name foods she likes to eat that are vegetables, fruits, grains and protein as pictured on <u>My Healthy Eating Plate</u>.</p>	<p>Place tape or string on the floor in the shape of a square or rectangle. Challenge your child to fill the shape with spoons, forks, food items, or small food boxes. Ask him to tell you how he plans to fill the shape before he begins and as he is placing various items in the shape. Count how many items it took to fill the shape.</p>
Motor Skills	<p>Pouring develops a variety of muscles and developmental skills. Provide pitchers or measuring cups of various sizes for your child to play with in the sink or tub.</p>	<p>Go outside on a nature walk with your child and ask her to help you find plants growing in your area: trees, shrubs, grass, flowers, and fruit or vegetable plants.</p>	<p>Write letters of your child's name on pieces of paper (1 letter per paper) and place around your home. Ask him to find the letter you call out, say it, and stomp/march on it after finding it.</p>	<p>Create a sensory bag by filling a zip top storage bag with one or more of the following: hair gel, baby oil and water with food dye, sand, or dry oatmeal. Seal the bag and tape it on all sides. Have your child squeeze the bag and use her pointer finger to draw letters/shapes.</p>	<p>Provide your child with kitchen utensils (forks, potato masher, cookie cutters, small cups, etc.) to dip into paint or colored water and press onto paper. Ask him to compare the marks the various utensils make.</p>
Social Emotional	<p>At mealtime, encourage your child to serve his own food onto his plate.</p>	<p>Encourage your child to make up a game for you to play together or make up a song for you to sing together.</p>	<p>Ask your child to set the table for your next meal: one plate, cup, napkin and utensil(s) for each person. After the meal, have him help take the dishes to the sink.</p>	<p>Discuss your family's traditions regarding when you sit at the table to eat a meal together. Emphasize using words such as "thank you," "excuse me," and "please."</p>	<p>Give your child the responsibility of selecting a food item your family will cook and then eat together.</p>

Post pictures of you and your child learning together using #gaprekathome