



	Monday, September 28 <sup>th</sup>	Tuesday, September 29 <sup>th</sup>	Wednesday, September 30 <sup>th</sup>	Thursday, October 1 <sup>st</sup>	Friday, October 2 <sup>nd</sup>
Literacy	<p><b><u>Clifford's Family</u></b> After listening to the read aloud, talk with your child about your family pet. Ask your child, "How do we make our pet feel like part of our family? How do we take care of our pet to make sure he is safe?"</p>	<p><b><u>Our Class is a Family</u></b> Talk with your child after listening to the read aloud about how he can help support his friends in the classroom. Ask your child, "How are you and your classmates alike and different?"</p>	<p><b><u>This is My Family</u></b> Talk with your child after the read aloud about how she can help the other members of her family at home. Focus on each family member and how each family member helps one another.</p>	<p><b><u>What Brothers Do Best</u></b> After the read aloud, talk with your child about what he likes best about his siblings. Ask your child, "What is your favorite activity to do with your sibling? Why?"</p>	<p><b><u>All Kinds of Families</u></b> After listening to the read aloud, talk with your child about the different "families" you see around your home (socks in pairs, kitchen items sorted together, pairs of shoes).</p>
Phonological Awareness	Practice rhyming nonsense words with the names of family members (sister/fister, mom/pom, dad/blad).	Pick some of your child's favorite nursery rhymes. Practice singing and saying these together!	Reread one of your child's favorite stories. Emphasize rhyming words in the story and have your child repeat the rhyming phrases with you.	Practice rhyming skills at home. Walk around your home and call out items and nonsense rhyming words. Example: There's a door, it rhymes with floor.	Play Simon says with one step directions (touch your head, clap two times, put your hands in your lap, jump up once).
Music & Movement	<p><b><u>We Are a Family</u></b> <b><u>Right Here</u></b> <b><u>Walking Walking</u></b></p>	<p><b><u>It's My Family</u></b> <b><u>Walking Song</u></b> <b><u>Handwashing Song</u></b></p>	<p><b><u>Finger Family Song</u></b> <b><u>Run and Walk</u></b> <b><u>Five Little Monkeys</u></b></p>	<p><b><u>Family Song</u></b> <b><u>If Animals Could Dance</u></b> <b><u>Shake It Out</u></b></p>	<p><b><u>I Love My Family</u></b> <b><u>Up and Down</u></b> <b><u>Five Huge Dinosaurs</u></b></p>
Math & Science	Work on classification skills with your child by talking about characteristics of your family. How many members of your family are boys/girls? How many have long/short hair?	Have your child collect his favorite toys (up to 10) then help him practice counting and touching each toy as he counts it.	Prepare pre-cut shapes in a variety of sizes (circles, squares, rectangles, triangles) from colored paper. Have your child use the shapes to create members of your family. Talk with your child about the different shapes she used.	Go on a nature hunt outside. Collect the same number of rocks and leaves (10 of each). Take the rocks and leaves inside and challenge your child to make a pattern (rock/leaf/rock/leaf).	Have your child practice using her five senses around your home. Draw one item for each sense (something she can smell, touch, taste, hear, see).
Motor Skills	For this activity, you will need <u>playdough</u> and a flat surface. Have your child create a playdough version of each family member. Talk with your child about the characteristics of each family member.	For this activity you will need paper and crayons. Have your child create a drawing of your family. What does each person's hair/eyes/clothing look like?	Using a pair of tweezers, have your child go on a "tweezer trek" in your backyard. See what your child can pick up with just tweezers!	Create a family book using paper and crayons. Have your child draw one family member on each page. Put the pages of the book together and have your child tell the story of your family.	Using crayons, markers, and colored pencils, have your child create a drawing to mail a family member. Have your child sign or trace her name at the bottom.
Social Emotional	Listen and sing along to the <u>Frustration Song</u> . Talk with your child about what he can do if he's feeling upset or frustrated.	For this activity, you will need a piece of paper and crayons. Have your child interview different family members about how they are feeling (happy, sad, excited, etc). Have your child record those feelings through drawing emotion faces on a piece of paper.	Talk with your child about ways he can enter play with other children while at school. Ask, "What could you say to a friend when you want to play?" Sample Answer: Can you help me dig a hole in the sand? Do you want to play in the block area with me?	For this activity, you will need paper and paint or crayons. Pick several songs from different musical genres. Play the songs in the background and have your child color along to the beat of the music and discuss how it makes him feel.	Cut 4 pieces of paper into 4 smaller pieces. Using these 16 small sheets of cut paper, draw 4 sets of emotions (4 happy, 4 sad, 4 angry, 4 shocked). Mix the cards and have your child sort the emotions and tell you about a time she felt that way.

Post pictures of you and your child learning together using #gaprekathome