



	Monday, July 27 <sup>th</sup>	Tuesday, July 28 <sup>th</sup>	Wednesday, July 29 <sup>th</sup>	Thursday, July 30 <sup>th</sup>	Friday, July 31 <sup>st</sup>
Literacy	<p><b><u>Kindergarten Diary</u></b> Talk to your child about a diary and how it is used to document thoughts on paper. Have your child write a pretend entry in her diary of what would be the “perfect” first day of school for her and draw a picture.</p>	<p><b><u>Look Out Kindergarten, Here I Come!</u></b> Ask your child to retell the story, focusing on the sequence of events in the story. “What did Henry have to do before he went to kindergarten?”</p>	<p><b><u>Off to Kindergarten</u></b> Talk about rhyming words in the story.</p> <p>sand/hand/<u>grand</u> wings/sings/<u>swings</u> luck/tuck/<u>truck</u> hair/bear/<u>chair</u></p>	<p><b><u>Kindergarten Rocks!</u></b> Talk to your child about the words that rhyme. Take some of the words out and isolate the beginning sound of the words and blend them together to form the word. Here are some words to try: b---ed, bed; d---oor, door; c---are, care.</p>	<p><b><u>Kindergarten Rocks!</u></b> Talk about how Dexter worried about a few things before he went to kindergarten, but then they all turned out well. Talk with your child about what they are excited and worried about for the first day of school.</p>
Math & Science	<p>Make a peanut butter and jelly sandwich, then ask your child to describe in order the actions that took place. He can also describe the sequence of events that took place in the day, in a movie, or in a story they read.</p>	<p>When cleaning up, ask your child to pick up a set number of objects and count with him as he does it. Have your child count the number of steps he took to pick up each of the objects or to complete the cleanup task. Name the shapes of the objects that the child is tidying up.</p>	<p>Work on a puzzle! Working on puzzles is a great way to develop important visual discrimination skills, or the ability to recognize differences and similarities in shape, form, pattern, size, position, and color.</p>	<p>Start a back to school count down with sheets of decorated paper counting down the days until school begins! Each night have your child take down one numbered sheet of paper. Ask your child: How many more days until school starts? What if you took on away? How many would be left?</p>	<p>Draw a large shape on a sheet of paper. Demonstrate for your child how to place a piece of yarn or string along the shape's outline. Talk about curvy and straight lines. Draw a new shape and invite your child to do the activity again. Discuss how the shapes are similar and how they are different.</p>
Music & Movement	<p><b><u>Keep the Germs Away Banana Dance</u></b> <b><u>Count to 10</u></b></p>	<p><b><u>Why do People Wear Masks?</u></b> <b><u>Fresh Start Fitness</u></b> <b><u>Dance with Shapes</u></b></p>	<p><b><u>Patterns with Jack Hartman</u></b> <b><u>The Handwashing Song</u></b> <b><u>Move It To the Sounds</u></b></p>	<p><b><u>The Rules Rap</u></b> <b><u>Animal Freeze Dance</u></b> <b><u>Boom Chicka Boom</u></b></p>	<p><b><u>Handwashing - Baby Shark</u></b> <b><u>The Clapping Song</u></b> <b><u>5 Senses - Shawn Brown</u></b></p>
Motor Skills	<p>Play “Find it, Tag it.” This is a versatile game that can be used to review many different skills. Tell your child to find something and tag it. For example, “Find and tag something blue.” Or “Find and tag something that starts with /s/.”</p>	<p>Instead of playing a real soccer game, let your child enjoy kicking the ball and aiming it toward a goal or a large cardboard box or laundry basket turned on its side.</p>	<p>Encourage independence with dressing and toileting routines. Make a pictorial list of your child’s morning school routine. Practice getting up and driving to school so the first day will not be a complete surprise. Time yourselves and see if you were “on time.”</p>	<p>Jump the Brook: Lay out two jump ropes, or draw two chalk lines to represent the brook, and have your child try to jump over it. Try making it wider in some spots and narrower in others for a few levels of challenge.</p>	<p>Water fountains may be closed at schools this year. Ensure that your child can operate his/her water bottle independently. Practice opening and closing backpacks and packing supplies that will come home each day from school.</p>
Social & Emotional	<p>Talk to your child about their feelings and explain to him/her that it is ok to feel sad or mad or scared and talk about some ways to handle these feelings. This is also a very important form of communication that she will need in all relationships.</p>	<p>Use a timer for activities like watching TV or using the computer, so that your child becomes familiar with the concept of time and how long different units of time last. They will start to develop an understanding of time as they begin to understand the how long things take.</p>	<p>Put on a mask and make different emotional faces. See if you can guess what expression the other person is making behind their mask by looking at their eyes.</p>	<p><b><u>Llama Llama Misses Mama</u></b> Talk with your child before the first day of school about how you will be dropping him/her off. Talk about how he/she might feel on the first day. Talk about ways to make yourself feel better.</p>	<p><b><u>Calm Down Yoga</u></b> Calm Down Yoga reinforces these concepts while teaching how to regulate emotions through calming yoga poses</p>

Post pictures of you and your child learning together using #gaprekathome