



	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p><b><u>The Night Before Preschool</u></b> Talk to your child about what you know about procedures for drop off and pick up.</p>	<p><b><u>Henry's Show and Tell</u></b> Have a family Show and Tell and let every member bring an important object and share why they chose that. You may just learn something new about one another!</p>	<p><b><u>The Pigeon HAS to go to School</u></b> Ask your child if he has any questions about starting school? Show him a picture of his school or drive by the school.</p>	<p><b><u>Llama Llama Misses Mama</u></b> Talk about the things that llama did at school. Come up with a special way that you will say goodbye at school. Consider placing a photograph of your family in your child's bag.</p>	<p><b><u>The Kissing Hand</u></b> Make sure your child understands that even if you aren't together your love is still with him. Consider making a kissing hand for him to keep. Trace his hand and paint or glue a heart in the center.</p>
Phonological Awareness	<p>Play Simon Says. Explain to your child that he must listen very carefully and only obey commands that begin with the words "Simon Says."</p>	<p>Make two letter sounds (sometimes the same sound and other times different sounds). Ask your child to state whether they are the same or different.</p>	<p>Give your child <b><u>2-step directions</u></b> and see if he can follow them. You may need to start with 1 step directions and build to 2 steps (click link for ideas).</p>	<p>Play sound clips from the environment or make them (firetruck siren, airplane, phone ringing, alarm clock, etc.) and see how many your child can identify. <b><u>Learn about Sounds</u></b></p>	<p>Play Red Light/Green Light with animal movements. Challenge your child to listen for commands to go on "green light" and stop on "red light."</p>
Music & Movement	<p><b><u>Tiny T-Rex Cosmic Yoga</u></b> <b><u>Milkshake</u></b></p>	<p><b><u>Azukita Zumba Kids</u></b> <b><u>5 Little Monkeys</u></b></p>	<p><b><u>Kids Workout</u></b> <b><u>Emotions Hokey Pokey</u></b></p>	<p><b><u>Continental Drift with Sid</u></b> <b><u>Pop See Ko 3</u></b></p>	<p><b><u>Greet from 6 Feet</u></b> <b><u>Get Loose</u></b></p>
Math & Science	<ul style="list-style-type: none"> <li>- Find 1 stuffed animal</li> <li>- Find 2 spoons</li> <li>- Find 3 pillows</li> <li>- Find 4 books</li> <li>- Find 5 crayons</li> <li>- Find 6 shoes</li> </ul>	<p>Make popsicles with your favorite juice. Talk about liquids and solids. Time how long it takes for the liquid to change into a solid.</p>	<p>Count how many of each you have in your home?</p> <p>windows    chairs doors        tables rooms        pillows</p>	<p>WARNING: This is a messy science experiment and needs to be done outside. Open a diet coke and drop in Mentos as quickly as possible; then stand back! <b><u>Mentos Diet Coke Experiment</u></b></p>	<p>Pour out a bowl of Fruit Loops or other colored cereal for your child and ask him to sort them by color. Help him count how many of each color he has.</p>
Motor Skills	<p>Give your child a bowl of cooked spaghetti and some kids scissors and tell him to cut the spaghetti into small pieces.</p>	<p>Give your child a large mixing bowl and some clothes pins. Have her clip the clothes pins around the rim of the bowl.</p>	<p>Give your child an empty water bottle and place some cheerios (or similar sized objects) on the counter. Have him pick the cheerios up one at a time and put them in the water bottle.</p>	<p>Roll beans or beads into play dough and ask your child to help get the beads out. Have her try using tweezers to see if it makes the job easier.</p>	<p>Give your child a large bowl of ice and some tongs from the kitchen. Ask him to transfer the ice from one bowl to another. If the tongs are too difficult, let him try using a large spoon.</p>
Social & Emotional	<p><b><u>Wearing a Mask</u></b> by Autism Little Learners Print this booklet or read it on the screen with your child. Talk about each picture.</p>	<p><b><u>We Care!</u></b> Display the poster on your device and discuss with your child ways she cares for herself, others, her school and the world.</p>	<p><b><u>Tucker Turtle Takes Time to Tuck and Think</u></b> Help your child learn the "turtle technique" Tucker uses to stay calm.</p>	<p><b><u>Going Back to School</u></b> by Autism Little Learners This social story goes over several of the safety protocols that children may encounter at school this year.</p>	<p><b><u>Social Distance Greetings</u></b> Watch the video and practice introducing yourself to new people using some of the fun greetings.</p>