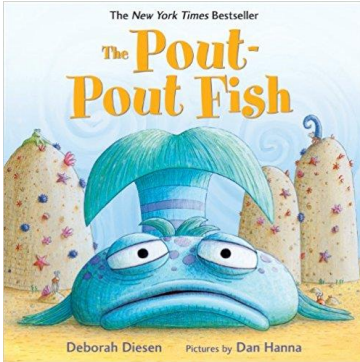




# SEEDS for Story Time

## Promoting Social Emotional Development Through Books



### ***Pout Pout Fish***

By Todd Snow

**S**wim along with the pout-pout fish as he discovers that being glum and spreading "dreary wearies" isn't really his destiny. Bright ocean colors and playful rhyme come together in Deborah Diesen's fun fish story that's sure to turn even the poutiest of frowns upside down. Will the other fish be able to cheer him up? (Ages 3-8)

### Introducing this book to young children:



**CLL2.4a**

Before reading the story, guide a discussion about the pictures before reading the story. Show a few selected pages and ask, "What do you see here?" or "What do you think is happening here?" Point to the different sea creatures and ask children what they think the sea creatures are saying to the Pout-Pout Fish. Introduce new vocabulary using the pictures as support; pout, grimace, growl and sulking.



**CLL6.3a**

As you read the story, have the children participate by filling in the repetitive verse "I'm a pout-pout fish with a pout-pout face, so I spread my dreary wearies all over the place". After reading the story multiple times, children will be able to 'read' this fun, repetitive text.



**SED2. 4b**

Explain to the children that it is okay to feel sad and have the 'dreary wearies'. Talk with children about how they feel when they see someone else that is feeling sad. Even though we all feel sad or dreary sometimes, there are many ways to express feeling sad and to help the feeling go away so that you don't 'spread your dreary-wearies all over the place'. Ask the children what makes them feel sad or like they have the 'dreary wearies'.



**SED2.3b**

After reading the story, have children think about a time they were feeling sad or had the 'dreary wearies'. Remind the children how, at the end of the story, the fish received a kiss and realized he was a "kiss-kiss fish". Ask the children what they do to help the 'dreary-wearies' to go away and chart their responses.

# SEEDS for Story Time

Repeated readings of the same book provides opportunities for preschoolers to develop a sense of competence and confidence. Children learn to point at and label pictures, turn pages, discuss the story, and make predictions of what will happen next, while learning new words and relating the story to their own experiences. Read *Pout Pout Fish* for several days in a row and use some of the ideas, activities, and teaching opportunities listed below to enhance social and emotional skills.



## GELDS Activity Spotlight

### Blocks

Create an ocean in the block area for a fun fishing game. Have the children create a circle using blocks and cover the center with blue paper. Put metal fruit juice can lids with pictures of different emotions glued to the top of the lids in the “ocean” (prepare the picture lids ahead of time). Using a fishing pole with a magnet, children can go “fishing for emotions”. You can also add pictures of the children to some lids. After they catch an emotion, they can act out the emotion. If they catch a friend, encourage them to do something special with their friend during the day. Talk to the children about emotions and what kinds of things they can do with their friends as they play. **SED2.4b**

### Dramatic Play

Cover a small table with a blue tablecloth. Provide sea animals or pictures of sea animals to create an underwater scene. You can also provide children with goggles and/or flippers to pretend they are swimming underwater. Encourage them **CD-SS1.3b**

### Music

Sing this fun song “Have You Ever Been Fishing” (to the tune of *Have You Ever Seen a Lassie*) with the children and make it silly when you get to the *Fishy Wishy* dance. **CLL6.3a**

*Have you ever been fishing  
On a bright and sunny day?  
(Pretend to cast fishing rod.)*

*When all the little fishies  
Swimmin’ up and down the bay?  
(Swim with hands.)*

*With your hands in your pockets,  
And your pockets in your pants  
(Put hands in pockets.)*

*And all the little fishies do the Fishy-Wishy dance!  
(Wiggle hips and do a little dance.)*

## Focus on Family

Families can practice kindness by having a “cheery-cheery day”. Talk with children about acts of kindness they can do for others. This can be just immediate family members that live with the child or they can spread the cheery-cheeries to extended family and/or neighbors.

Make a list and then go about spreading the cheer! **SED4.4c**

