



## COVID-19 Resource Guide

### COVID- Specific Resources

Sesame Street “Caring for Each Other” COVID-19 Initiative

Includes various tip sheets and video clips related to taking care of ourselves, talking to kids about COVID, and coping with life challenges).

<https://www.sesamestreet.org/caring>

“I AM COVID” Story: Explaining COVID to Children

<https://www.mindheart.co/descargables>

Social Story: COVID-19/Social Distancing w/ Rosie the Speechie Frenchie

<https://www.teacherspayteachers.com/Product/Social-Story-COVID-19Social-Distancing-w-Rosie-the-Speechie-Frenchie-5403062>

While We Can’t Hug (Video Story)

<https://www.youtube.com/watch?v=2PnnFrPaRgY&feature=youtu.be>

Masks & Gloves: A Printable Story

<https://consciousdiscipline.com/resources/masks-and-gloves-printable-story/>

Seeing Other People Wear Masks (Printable Story)

[https://drive.google.com/file/d/1B2FEF1DTXpmgH8ZL79Vg7E\\_Bu7ZOkB0A/view](https://drive.google.com/file/d/1B2FEF1DTXpmgH8ZL79Vg7E_Bu7ZOkB0A/view)

“Masks” (story and video)

<https://www.youtube.com/watch?v=nloi940MC0Q>

&

<https://static1.squarespace.com/static/5b6af3b236099ba883a28b1e/t/5e9f49f49c4a594ae0058f3d/1587497462981/Masks.pdf>

Children and Masks: From Scared to Safe

[https://www.youtube.com/watch?v=NMS6l\\_jNsBA&fbclid=IwAR3aG9YiYnEhyZ7w7BU1ItsD-5x74NpV-VaDUAWAmzFbQ2ovT1I7I2r0ncY](https://www.youtube.com/watch?v=NMS6l_jNsBA&fbclid=IwAR3aG9YiYnEhyZ7w7BU1ItsD-5x74NpV-VaDUAWAmzFbQ2ovT1I7I2r0ncY)

“Healthy Coping Strategies for Kids” Guide

<https://www.strong4life.com/en/pages/behavior/articles/healthy-coping-strategies-for-kids>

“How Stress Can Lead to Changes in Behavior

<https://www.strong4life.com/en/pages/behavior/articles/how-stress-can-lead-to-changes-in-behavior>



**Georgia Dept  
of Early Care  
and Learning**



### Resources Related to the Return to Classroom/Programs

I Am Going Back To School (post-COVID printable story)

<https://bestpractices.gsu.edu/document/i-am-going-back-to-school/>

Tips for Supporting Infants and Young Children as We Re-Open

<https://static1.squarespace.com/static/5b6af3b236099ba883a28b1e/t/5ecfb904bd69a776faa58825/1590671623364/Tips+for+Supporting+Infants+and+Young+Children+as+We+Re-open.pdf>

Reopening Child Care & Early Education Programs during the COVID-19 Pandemic: Infant and Early Childhood Mental Health Focused Best Practice Recommendations

<https://www.dropbox.com/s/cbmal6k4zr9cjs/SPCC%20IECMH%20Childcare%20Reopening%20Best%20Practice%20Recomendations%20%281%29.pdf?dl=0>

“Tips for Child Care Programs: Supporting Young Children's Social-Emotional Needs After a Change” & “Caring for Yourself” Guide

<https://www.nebraskachildren.org/what-we-do/nebraska-association-for-infant-mental-health/resources.html>

### General Resources for Promoting Social-Emotional Wellness

Printable Tools for Promoting Social-Emotional Development

<https://bestpractices.gsu.edu/resources/social-emotional/>

“Finding the Right Mental Health Professional for Your Child” Guide

<https://www.strong4life.com/en/pages/behavior/articles/finding-the-right-mental-health-professional-for-your-child>