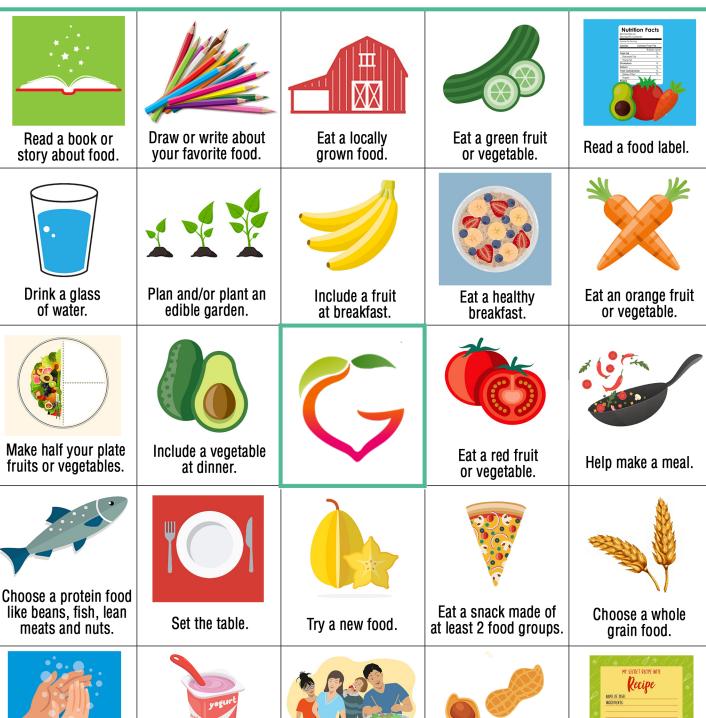


## BINGO



Always ask an adult for permission.

Eat a meal together

as a family.

Eat a plant-based

protein.

Read a recipe.

Eat a low-fat

dairy food.

Wash your hands

before eating.

Share your BINGO using the hashtags #FuelingGA and #KeepGAFed