



United States Department of Agriculture

Food & Nutrition Service  
Child Nutrition Programs  
Nutrition and Technical Assistance Branch

Newly  
Released

## Food Buying Guide for Child Nutrition Programs

The **Food Buying Guide (FBG)** serves as the essential tool for food yield information for all Child Nutrition Programs (CNP) governed by the USDA.



The FBG is used to obtain information for:  
1) Purchasing the required quantities of foods, and  
2) Determining the contribution each food makes toward the meal pattern requirements.

The FBG for Child Nutrition Programs is being updated, in phases, to include resources for the updated Nutrition Standards for CNP.

Start using the new Web-based Interactive Food Buying Guide now!  
<https://foodbuyingguide.fns.usda.gov>

### NOW AVAILABLE!

**A Web-based Interactive Food Buying Guide to allow for:**

- ✓ Easier searching and navigation
- ✓ Search by food groups and food categories
- ✓ Compare yield information for different forms of food
- ✓ Create and save favorite food list
- ✓ Link to the NEW Product Formulation Statement Workbook
- ✓ Adapt to mobile version (iOS, Android, Windows)

Visit the Web-based Interactive Food Buying Guide at:  
<https://foodbuyingguide.fns.usda.gov>

USDA | Food and Nutrition Service | July 2017 | USDA is an equal opportunity employer and provider.

Copy/paste/go to: <https://foodbuyingguide.fns.usda.gov>

### **Now Available! The New Interactive Recipe Analysis Workbook (RAW) – A Feature of the New Food Buying Guide for Child Nutrition Programs Interactive Web-Based Tool**

**Purpose:** The Recipe Analysis Worksheet (RAW) is a tool to help you determine your recipe's expected meal pattern contributions. RAW is not a tool to evaluate dietary specifications for calories, sodium, and saturated fat. It also cannot determine whether the serving size information entered is correct for crediting.

#### **Other Useful Resources**

Copy and paste the following URL in your browser to go to the Food Buying Guide (FBG) Calculator. <http://fbg.nfsmi.org/>

Copy and paste URL below in your browser to go to Choose My Plate Vegetable Subgroup List to determine the subgroup in which the vegetable ingredient will credit.

<https://www.choosemyplate.gov/vegetables>