

Strategies to Support and Encourage Social Emotional Growth



Does preparing your child for the day seem more like a race than a relaxed routine? If mornings feel hectic for your family, try out these strategies to help start your day off on the right foot. #GaSEEDSforSUCCESS

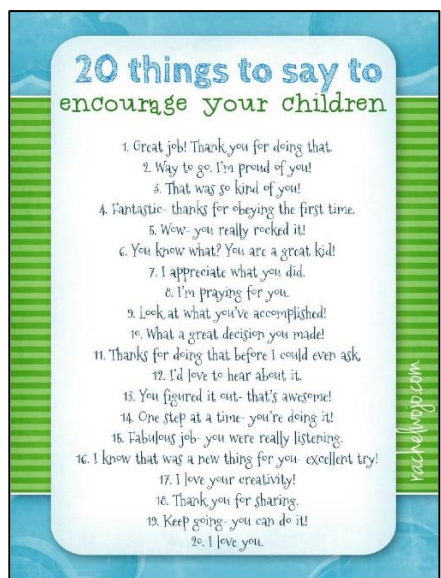
[Positive Strategies for Families](#)



As children grow and develop, they are learning to communicate their emotions in appropriate ways. Take a look at this resource for ideas on how to help your child successfully develop this important skill.

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[Feelings are Fantastic](#)



Your praise and encouragement help boost your child's self-esteem and build their confidence. Try using these encouraging words to help your child feel good about themselves. #GaSEEDSforSUCCESS

[20 Things to Say to Encourage Your Children](#)



Whether your child is beginning school online or in person, they will be experiencing many emotions and changes in their daily routines. This resource will help you prepare your child for a successful back to school experience. #GaSEEDSforSUCCESS

[Addressing Big Emotions](#)