

	Monday	Tuesday	Wednesday	Thursday	Friday
Literacy	<p><u>Be Kind</u> After listening to this story with your child, make a list of ways to show kindness. Challenge him to search through the list to find the letters he can identify.</p>	<p><u>Guess How Much I Love You</u> Listen to the story with your child. Ask your child to name the characters in the story. How do Little Nutbrown Hare and Big Nutbrown Hare show they love and care for each other?</p>	<p><u>The Valentine Bears</u> After listening to the story, ask, "How does Mrs. Bear show Mr. Bear she loves him?" Have your child draw a picture of three things that Mrs. Bear does for Mr. Bear.</p>	<p><u>Biscuit's Valentine's Day</u> Listen to the story with your child and ask, "How do you feel when you receive a Valentine's card from someone? How do you think other people feel when you give them a Valentine's card?"</p>	<p><u>Pete the Cat Valentine's Day is Cool!</u> Listen to this story with your child. Provide paper, markers or crayons and encourage him to create a Valentine card for someone special!</p>
Phonological Awareness	<p><u>Feed Me Game</u> Create a "feed me" puppet with a sock. Gather some items such as a fork, pen, rock, bear. Using the puppet say, "See if you can guess what I want. I am hungry for a r-ock. Can you feed me a r-ock?" Repeat for each item.</p>	<p><u>If You Love Me</u> After listening and following the directions of the song, collaborate with your child to come up with additional verses. Perhaps, "If you love me and you know it, tug on your ear." (tug, tug)</p>	<p><u>Count the Words Game</u> Give your child a cup and 10 small items (coins, beans, or bottle caps). Say a simple sentence, i.e. "We can have fun." Have him drop one coin in the cup for each word. Count the coins to determine how many words were in the sentence. Repeat with other sentences.</p>	<p><u>Which does not belong?</u> Explain to your child that you will say 3 words and 2 of the 3 words rhyme, but 1 doesn't rhyme with them. Have her identify the word that does not rhyme. cat, log, dog look, book, bat pan, pot, can</p>	<p><u>Valentine Syllable Count</u> Look at these valentine picture word cards with your child. Have him say the word and clap out the syllables. For example: Val-en-tine has 3 claps (syllables)</p>
Music & Movement	<p><u>I Have a Little Heart Try A Little Kindness You are the Best</u></p>	<p><u>Friends Song A Bushel and a Peck Kindness Is A Muscle</u></p>	<p><u>What a Wonderful World This Is How I Do It We are Family</u></p>	<p><u>Magic Penny Tony Chestnut Happy Valentine's Sharks</u></p>	<p><u>Skidamarink A Dink A Dink Boom Chicka Boom-Valentines Can't Stop The Feeling</u></p>
Math & Science	<p><u>Five Little Hearts</u> Sing along with the five hearts. Then find (make or draw) five or more little hearts and have your child count from 1-5, 1-10, or see how high he can go! Assist, as needed, to ensure he points to each heart as he counts.</p>	<p><u>Counting Valentines</u> After watching, provide 10 conversation hearts (or paper hearts or another kind of candy) for your child to count. Ask, "What number comes before 5? After 8?" And so on...</p>	<p><u>Heart Height</u> Using hearts of the same size, have your child measure how many "hearts tall" or "hearts long" various objects are in your home. Example: measure your table to see how many hearts long it is or measure the table legs to see how tall they are.</p>	<p><u>Heart Patterns</u> Have your child practice copying, extending, and creating AB patterns. Take it further with ABC, AAB, and ABB patterns using hearts of 2 or 3 colors or sizes. Examples - AB: pink, purple, pink, purple... ABC: pink, purple, red, pink, purple, red... AAB: big, big, little, big, big, little...</p>	<p><u>How many Hearts?</u> Have your child roll two dice. Help him put the number of candy hearts rolled beside each dice. Demonstrate how to add the two groups together for a total amount of hearts. (stickers or hearts cut from paper could be substituted for candy)</p>
Motor Skills	<p><u>Tearing Paper</u> Provide paper for your child to tear and then use the torn paper pieces to create shapes. Allow him to use glue to attach the torn paper pieces to another piece of paper.</p>	<p><u>Slap, Clap, Snap</u> Have your child sit facing you. Model a "slap lap, clap hands, snap fingers" pattern. When she snaps her fingers, she should name an item in a given category. For fruit, she may slap, clap and say "banana" as she snaps. Next, she might slap, clap, and say "apple" as she snaps.</p>	<p><u>Valentine Mice</u> Listen to the story with your child and have him act out what the mice do in the story using props from around your home.</p>	<p><u>I Love You to Pieces</u> Sneak in some cutting practice by having your child cut paper strips into small squares. Then have her glue the squares into the shape of a heart on another piece of paper.</p>	<p><u>Valentine's Necklaces</u> Have your child cut plastic straws into pieces and then lace the pieces on a string to create a necklace. Lacing develops eye hand coordination and strengthens the muscles used in pencil grasp.</p>
Social & Emotional	<p><u>Bring it down</u> Practice how to gain control of stressful energy when it gets too high to handle. Tell your child to close his eyes, listen, and follow along.</p>	<p><u>When I Woke Up Today</u> Act out all the fun things you can do together today. Ask, "What do you look forward to doing tomorrow when you wake up?" Don't forget to shout HURRAY!</p>	<p><u>Kindness is My Superpower</u> Listen to this story with your child. Give him a piece of paper and some markers or crayons and have him draw a picture of himself in his "kindness superhero" costume.</p>	<p><u>If You're Happy</u> Sing along and feel the happiness soak in. Discuss with your child other ways being happy makes her feel.</p>	<p><u>Emotions Hokey Pokey</u> Sing and dance along to the Emotions Hokey Pokey. Discuss the feelings that accompany each emotion.</p>